

Berkhamsted 1/2 Marathon & 5 Mile Fun Run

1st March 2009

Results

5 Mile

Pos	No	Name	Cat	Team	Time	Pos	No	Name	Cat	Team	Time
1	326	Ben Osborne	M31	Stragglers	0:27:25	76	340	David Garner	M42		0:39:17
2	327	Danny Norman	M29	Stragglers	0:28:00	77	280	Angelo Dundee	M47		0:39:26
3	341	Chris Walmsley	M34	Stragglers	0:29:26	78	356	Bruce Ferguson	M48		0:39:30
4	91	Frank Rooney	M19	Vale of Aylesbury	0:30:00	79	328	Jack Quoroll	M12	Tring School	0:39:40
5	249	Mark Taylor	M49	British Airways AC	0:30:06	80	294	Phil Woodage	M58	Bearbrook Joggers	0:39:46
6	115	Nick Harris	M0	Watford Harriers	0:30:12	81	68	David Peattie	M54	Lucas Fettes	0:39:48
7	240	Roger Saunders	M55		0:30:37	82	389	Alex Ermini	M24		0:39:53
8	201	Sam Highfield	M15		0:30:51	83	279	Jonathan Anderson	M48		0:40:10
9	335	Nick Ayers	M17	St Bedes School	0:31:48	84	407	Helen Cornwell	F33		0:40:15
10	67	Timothy Marshall	M35	Harpenden Aro	0:31:50	85	277	Harry Geoghegan	M16		0:40:17
11	292	Robert Harper	M30		0:32:17	86	134	Nick Cummins	M40	Parker	0:40:19
12	269	Ashley Brutnall	M33		0:32:21	87	379	Sam Head	M14	Tring School	0:40:28
13	111	Tim Birkett	M42	Watford Harriers	0:32:39	88	209	Joel Rabinowitz	M12		0:40:30
14	315	Jason Yav	M28	B'stoke & M Hants	0:32:40	89	219	Nick Ormiston	M16	Berkhamsted Sch	0:40:31
15	2	Laura Butt	F36	Chiltern Harriers	0:32:46	90	299	Thomas Payne	M11	Bridgewater Sch	0:40:34
16	391	Helen Hoyle	F42	Barnet & Dist AC	0:32:56	91	383	Scott Smith	M26		0:40:34
17	378	Ruth Bourne	F13	Port Regis Sch	0:32:56	92	256	Ellison Riddle	M33		0:40:39
18	104	Sarah Richardson	F35	E S & M AC	0:33:06	93	347	Alistair Green	M52		0:40:46
19	284	Paul Cowan	M46	Tring RC	0:33:11	94	395	Michael Walker	M53		0:40:47
20	377	Mark Strange	M44		0:33:30	95	177	Matt Rance	M22		0:40:48
21	318	Don Butcher	M44		0:33:46	96	285	Nicholas Crowther	M32		0:40:49
22	345	Graham Mayoh	M43	Watford Harriers	0:33:59	97	217	Mark Barfield	M38		0:40:50
23	344	Paul Illing	M33	Watford Harriers	0:34:00	98	40	Alex Humphrey	M15		0:40:51
24	375	Catherine Davies	F45	Dacorum & Tring AC	0:34:08	99	35	Geoff Wood	M51		0:40:53
25	333	Peter Stuart	M29		0:34:13	100	224	Simon Piggott	M47		0:40:56
26	39	Richard Goddard	M30		0:34:19	101	195	Sarah Brydon	F27		0:41:04
27	334	Andrew Horsfall-Turner	M14	St Bedes School	0:34:26	102	41	Martin Humphrey	M52		0:41:11
28	265	Tom Brookes	M35		0:34:33	103	237	Roger Sparkman	M62		0:41:13
29	109	Andy Angus	M0	Watford Harriers	0:34:36	104	193	Samuel Howell	M9		0:41:17
30	336	Simon Peltenburg	M34		0:34:41	105	244	Mary Murray	F42		0:41:19
31	329	Adam Treacher	M25		0:34:43	106	257	Julia Riddle	F28		0:41:20
32	10	Tom Hall	M18		0:34:48	107	138	Roland Kendall	M45	Parker	0:41:27
33	119	Jack Wiggs	M13	Bridgewater Sch	0:34:58	108	8	Alison Gunn	F47	Macclesfield Harr	0:41:28
34	286	James Stirling	M40		0:35:02	109	163	Mark McConway	M25	Parker	0:41:31
35	254	Robert Harrison	M44		0:35:25	110	355	George Godar	M60		0:41:32
36	43	Linda Rayner	F46		0:35:32	111	357	Jade Nettleton	F15	Hillingdon AC	0:41:32
37	354	Patrick Clarke	M46	Bearbrook Joggers	0:35:34	112	255	Martin Moore	M50		0:41:41
38	120	Richard Wiggs	M42		0:35:45	113	204	Paul Reynolds	M41		0:41:42
39	348	Jonathan Dilley	M22		0:35:48	114	199	Beth Highfield	F13		0:41:46
40	202	Derek Peverill	M63	Vale of Aylesbury	0:35:52	115	149	Justine Arnott	F27	British Airways AC	0:41:54
41	392	Russell Devitt	M60	Shaftesbury Barnet	0:35:54	116	144	Viv Palmer	F57	Parker	0:42:03
42	248	Deborah Helsdon	F32		0:36:02	117	289	Dave Cary	M48		0:42:18
43	50	James Mills	M38	Team Buss	0:36:09	118	215	Sarah Veall	F37		0:42:32
44	100	Oliver Wraith	M17		0:36:13	119	393	Joy Allen	F60	Garden City Runner	0:42:32
45	122	Robert Engers	M47	Chiltern Harriers	0:36:13	120	416	David M	M35	Chiltern Harriers	0:42:44
46	319	Joanna Conn	F38	Serpentine RC	0:36:16	121	80	Felicity Harris	F25		0:42:48
47	296	Tim Symington	M45		0:36:20	122	239	Aidan Hughes	M9		0:43:01
48	362	Derek Robertson	M47	Watford Harriers	0:36:28	123	235	Jon Brazier	M42		0:43:02
49	385	Christopher Melton	M60		0:36:34	124	264	Harry Day	M10		0:43:11
50	386	Simon Bayliss	M36		0:36:47	125	55	Jayne Spademan	F37	Speedy Spadeys	0:43:12
51	200	Toby Butterworth	M15		0:36:47	126	266	Thomas Barker	M10		0:43:13
52	136	Brian Evans	M41	Parker	0:36:49	127	267	Vincent Barker	M38		0:43:14
53	89	Mary Ward	F41	Tring RC	0:36:50	128	268	James Honour	M48		0:43:19
54	85	Jake Williamson	M10	Dacorum & Tring AC	0:36:57	129	214	Llewellyn Wiles	M36		0:43:22
55	271	Jason Rabinowitz	M42		0:36:58	130	44	Stephen Smith	M14		0:43:31
56	409	Paul Theobald	M38	Chiltern Harriers	0:37:34	131	380	Vicki Lewis	F32		0:43:39
57	402	James Conibear	M17	Hemel Hempstead Sc	0:37:36	132	88	Jasmina Cherguit	F30		0:43:40
58	110	Stuart Bailey	M25	ERRR Kirsty	0:37:38	133	276	Luke Geoghegan	M43		0:43:43
59	408	Matthew Birchley	M40	S London Harr	0:37:41	134	376	Sevaster K	M36		0:43:50
60	304	Bernie Horabin	F40		0:38:07	135	167	Jo Weedon	F32		0:43:50
61	197	David Highfield	M52		0:38:19	136	410	Mark Howard	M32		0:43:53
62	15	Tracy Holden	F42		0:38:22	137	113	Colin Farenden	M27	ERRR Kirsty	0:43:55
63	114	Wayne Fox	M33	ERRR Kirsty	0:38:25	138	270	Kate Bailey	F37		0:43:58
64	34	Terry Thorn	M26		0:38:33	139	205	Toby Saffers	M12		0:43:58
65	415	Ben Eyles	M25		0:38:34	140	236	Louisa Hopper	F38		0:43:59
66	339	Andy Shadbolt	M54	Garden City Runner	0:38:38	141	287	Christopher Armstrong	M22		0:44:04
67	403	Elliot Kidd	M17	Hemel Hempstead Sc	0:38:47	142	203	Max Halliwell	M41	Team Idiot	0:44:08
68	250	Andy Dolwin	M47		0:38:52	143	179	Brenda King	F64	Chiltern Harriers	0:44:09
69	32	Patrick Shaw	M47		0:38:56	144	221	Robert Dowley	M36	Prologic	0:44:13
70	160	Darrell Bodimeade	M52		0:38:57	145	208	Ann Rabinowitz	F44		0:44:17
71	305	James Page	M33		0:38:58	146	230	Victoria Sims	F42		0:44:17
72	317	Phil Higgins	M40		0:39:01	147	229	Rachel Evans	F43		0:44:19
73	223	Tim Ashby	M12	JFK School	0:39:07	148	190	Sandra Mogan	F42	Gade Valley Harr	0:44:20
74	57	Elise Matthews	F37		0:39:10	149	82	Duncan Marriott	M39		0:44:22
75	404	Jody Conibear	F32		0:39:11	150	363	Brendon Morris	M41		0:44:24
						151	401	Tim Westley	M17		0:44:34
						152	337	Mimi Hosking	F40		0:44:38
						153	359	Rebecca EdgecliffeJohnson	F30		0:44:42

Pos	No	Name	Cat	Team	Time	Pos	No	Name	Cat	Team	Time
154	372	Carole Pitts	F47		0:44:47	238	166	Alex Thomas	F34		0:50:32
155	180	Paul Gardner	M49	Hillingdon Tri	0:44:51	239	247	Sarah Walker	F33		0:50:35
156	101	Evelyn Normile	F41		0:44:54	240	246	Helen Jewell	F32		0:50:35
157	79	Ross Eva	M24		0:44:55	241	406	Paul Yearley	M49		0:50:35
158	65	Lee Cartwright	M29		0:44:56	242	4	Mark Evans	M19		0:50:40
159	253	Elizabeth Harrison	F58		0:45:00	243	6	Stephanie Fitt	F38		0:50:44
160	382	Scott Nichol	M37		0:45:01	244	73	Joanne Vaughan	F34	Prologic	0:50:45
161	61	Guy Wotherspoon	M47		0:45:03	245	306	Ivan Kokuti	M25	Country Bunkins	0:50:49
162	222	Lorna Wright	F12	Dacorum & Tring AC	0:45:04	246	141	Depakkumar Mistry	M42	Parker	0:50:51
163	278	Anthony Marsh	M48		0:45:09	247	352	Katie Tant	F42		0:50:53
164	169	Juliet Ball	F34		0:45:11	248	332	Rebecca Lancaster	F22		0:51:04
165	364	David Brady	M47		0:45:15	249	291	Vicky Rees	F31		0:51:15
166	390	Peter Noble	M52		0:45:17	250	42	Dawn Murray	F26		0:51:31
167	185	Sam Gosling	F26		0:45:19	251	38	Thomas Evans	M28		0:51:31
168	312	Gordon Williams	M40		0:45:25	252	361	Charlie Nettleton	M13	Abbots Field Sch	0:51:36
169	30	Euan Robertson	M9		0:45:34	253	360	Sharon Nettleton	F36		0:51:45
170	238	Greg Hughes	M40		0:45:34	254	94	Janet Malone	F58		0:51:48
171	56	Philip Spademan	M40	Speedy Spadeys	0:45:38	255	412	Hugo Hardy	M36		0:51:51
172	158	Eleanor O'Grady	F12	Berkhamsted Sch	0:45:39	256	413	Raquel De Nadai	F35		0:51:52
173	126	Susan Defoe	F49	Watford Joggers	0:45:42	257	28	Candy Maguire	F39		0:51:55
174	206	Richard Dinnadge	M44		0:45:47	258	93	Sonya Grist	F66	Metros	0:51:56
175	157	Claire O'Grady	F41	Berkhamsted Sch	0:45:50	259	302	David Lewis	M48		0:51:58
176	218	Tessa Barfield	F36		0:45:55	260	228	James Pangbourne	M10	Bridgewater Sch	0:52:01
177	216	Adam Delderfield	M32		0:45:56	261	84	Jenny Barnett	F58	Gade Valley Harr	0:52:09
178	86	Tony Williamson	M48		0:45:57	262	196	Lynne Mosley	F52	Gade Valley Harr	0:52:46
179	54	Tony Reeve	M48		0:45:57	263	178	Anna Heaton	F23		0:52:49
180	108	Melissa Morgan	F31		0:46:07	264	394	Philip Walker	M50		0:53:08
181	400	Tim Westley	M22		0:46:07	265	31	Sheila Robertson	F42		0:53:11
182	414	Monica Alonso	F41	British Airways AC	0:46:09	266	125	Charlie Benge	F21		0:53:18
183	184	Liz Baranov	F38		0:46:10	267	127	Dan Grant	M35		0:53:18
184	300	Liz Gregson	F32		0:46:17	268	99	Ellis Scott	M13	DRRRR Alfie B	0:53:24
185	74	Kate Greenwood	F42		0:46:20	269	92	Leila Khoury	F37		0:53:25
186	66	Lucy McClements	F32		0:46:20	270	5	Roger Evans	M52		0:53:34
187	97	Cheryl Polnik	F30	Win Rocky Win	0:46:21	271	78	Vicki Payne	F27		0:53:39
188	96	Julian Polnik	M35	Win Rocky Win	0:46:21	272	77	Michael Payne	M60		0:53:39
189	112	Angela Cory	F47	Watford Harriers	0:46:28	273	374	Clair Tinworth	F29		0:53:50
190	98	Elliott Beattie	M3	DRRRR Alfie B	0:46:33	274	321	Connor Bandle	M6	Greenway School	0:54:09
191	242	Chloe Seaborne	F15		0:46:44	275	322	Louise Bandle	F28		0:54:10
192	241	Kevin Seaborne	M40		0:46:44	276	324	Cloe Bandle	F0	Greenway School	0:54:10
193	232	Catherine Lynch	F40		0:46:47	277	323	Anthony Bandle	M60		0:54:10
194	233	Sioban Wary	F47		0:46:48	278	367	Nicholas Phillips	M9	Berkhamsted Sch	0:54:16
195	234	Fiona Insch	F42		0:46:48	279	368	Peter Phillips	M43		0:54:16
196	18	Becky Large	F38		0:46:48	280	151	Mike Gaunt	M58	Tring RC	0:54:17
197	388	Emeline Wraith	F30		0:46:57	281	225	Natasha Hanvey	F16	Abbots Hill School	0:54:18
198	135	Peter Cutten	M41	Parker	0:47:00	282	226	Chris Hanvey	M59		0:54:19
199	272	Ericka Newton	F27		0:47:03	283	231	Hilary Armstrong	F37		0:54:21
200	330	Clare Tookey	F32		0:47:05	284	164	Nima Patel	F34		0:54:37
201	194	Kelly Wiles	F28		0:47:10	285	7	Victoria Green	F30		0:54:39
202	129	David Cudby	M59	Parker	0:47:12	286	411	Kevin Jaggs	M34		0:54:53
203	83	Michelle Drury	F32		0:47:25	287	295	Caroline Wright	F48		0:55:01
204	161	Ros Cranston	F41		0:47:35	288	365	Shirley Stirling	F54	Watford Harriers	0:55:05
205	366	Rosey Casey	F48	Watford Run Sis	0:47:37	289	75	Jim Rice	M47		0:55:13
206	349	Ginny Bradshaw	F49	Dacorum & Tring AC	0:47:40	290	397	Hannah Lett	F12	Aylesbury Girls	0:55:35
207	192	Benjamin Howell	M7		0:47:50	291	396	David Lett	M41		0:55:35
208	191	Amanda Howell	F37	Gade Valley Harr	0:47:50	292	187	Karen Athill	F38		0:55:39
209	338	Rory Brown	M12	Bridgewater Sch	0:47:57	293	189	Kristy Frost	F35		0:55:39
210	12	Steven Haynes	M44		0:47:59	294	29	Harriet Queralt	F37		0:55:43
211	384	Sharon Hurley	F39		0:48:08	295	95	Deborah Lea	F38		0:55:50
212	227	Fabian Mills	M62	Dacorum & Tring AC	0:48:23	296	213	Thomasin Sayers	F15	Rangers	0:56:10
213	13	Gill Heron	F52	Bearbrook Joggers	0:48:26	297	342	Edward George	M10		0:56:16
214	16	Murli Iyer	M37		0:48:31	298	343	James George	M42		0:56:17
215	311	Shadev Patel	M15	ER School	0:48:36	299	116	Penny Hudson	F48	Metros	0:56:27
216	252	Keith Bevan	M39		0:48:36	300	353	Dora Slater	F45	Watford Run Sis	0:56:27
217	316	Graham Bogment	M23	Keiths Chieks	0:48:46	301	81	George Frogley	M74	Veterans AC	0:56:29
218	251	Nicola Bevan	F40		0:48:57	302	107	Jayne Goldsmid	F41		0:56:35
219	118	Ruth Neale	F19		0:48:58	303	210	Katies Cassels	F16	Rangers	0:56:36
220	124	Michael Bowey	M49	Win Rocky Win	0:48:58	304	283	Heather Hipson	F39		0:56:38
221	11	Jayne Haynes	F42		0:49:06	305	140	Jon Lowne	M33	Parker	0:56:41
222	290	Leanne Douglas	F32		0:49:12	306	53	Shani Langdon	F0		0:56:43
223	69	Nichola Dent	F43		0:49:17	307	186	Steve Allsop	M53	Rickby	0:56:50
224	207	David Sayers	M44		0:49:23	308	117	Paul Mayhew	M41		0:56:52
225	145	Kiton Ratanavong	M37	Parker	0:49:37	309	245	William Haddow	M70		0:56:59
226	159	Katie Watson	F25		0:49:37	310	150	Pam Burley	F56	Tring RC	0:57:02
227	220	Nick Spurling	M65		0:49:43	311	183	Jayne Nethersole	F40		0:57:30
228	293	Christine James	F53	Watford Harriers	0:49:56	312	133	Steve Connolly	M29	Parker	0:57:35
229	243	Amanda Seaborne	F44		0:49:57	313	103	Louise Cox	F36		0:58:02
230	152	Christine Goddard	F28		0:50:01	314	153	Elizabeth Gray	F50	Watford Run Sis	0:58:46
231	331	Kay Lancaster	F38		0:50:04	315	106	Sam Bettridge	M9		0:59:04
232	373	Annemarie Renny-Smith	F50		0:50:05	316	297	Declan Hall	M11		0:59:10
233	310	Steve Murley	M52		0:50:08	317	301	Jayne Eckett	F43		0:59:11
234	14	Cecile Hiney	F43		0:50:14	318	298	Angela Hall	F43		0:59:17
235	17	Caroline Johnson	F49		0:50:16	319	139	Adrian Lai	M30	Parker	1:00:17
236	59	Diana Mackie	F28		0:50:18	320	198	Maddie Petrie	F14		1:01:19
237	168	Celine Wilcock	F36		0:50:32	321	307	Daniella Holyoake	F21	Country Bunkins	1:01:50
						322	165	Steven Simons	M28		1:02:18

Pos	No	Name	Cat	Team	Time
323	381	Steve Mark	M34		1:02:27
324	130	Seema Arora	F40	Parker	1:02:34
325	143	Stephen Osgood	M39	Parker	1:02:34
326	398	Neve Lett	F8	St Michaels Sch	1:03:23
327	399	Patricia Downing	F45		1:03:24
328	370	Beth Booker	F49		1:03:37
329	154	Hannah Green	F30	Salomons	1:03:38
330	383	Scott Smith	M26		1:04:18
331	105	Andrea Bettridge	F40		1:04:25
332	320	Kyra Turnham	F5		1:05:53
333	325	Marie Turnham	F27		1:05:53
334	350	Lucy Clossick Thomson	F35		1:06:05
335	351	Ben Clossick Thomson	M35		1:06:06
336	102	Loveday Hodson	F36	Cha Cha Chuggers	1:07:12
337	142	Pramod Mistry	M42	Parker	1:07:21
338	171	Natalie Bailey	F30		1:09:39
339	172	Melanie Cleaver	F39		1:09:40
340	188	Sandra Cowan	F69	Watford Run Sis	1:10:46
341	262	Laura Hearson	F27		1:13:22
342	261	Chris Holland	M30		1:13:23
343	259	Gavin Rees	M30		1:13:25
344	309	Linda Chennells	F51		1:15:02
345	308	Simon Chennells	M52		1:15:02
346	147	Sheila Scott	F53	Parker	1:16:34
347		No Race Number			1:17:09
348	212	Suzy Cassels	F14	Rangers	1:17:09
349	211	Evie McMichael	F16	Rangers	1:17:10
350	146	Donna Robertson	F35	Parker	1:20:46
351	148	Sonya Wilberforce	F32	Parker	1:20:46
352	132	Dean Chandler	M37	Parker	1:20:47
353	258	Liam Brown	M4		1:24:50
354	260	Debbie Watson	F33		1:24:51
355	27	Sharon Bugden	F34		1:32:22
356	25	Yvette Patel	F44		1:32:25
357	21	Ayesha Patel	F11		1:32:27
358	23	Alliayh Patel	F5		1:32:44
359	22	Alesha Patel	F5		1:32:50
360	20	Sadhna Patel	F38		1:32:50

Team Results

School Team

1 Bridgewater Sch Total :- 592
 :A119 - J Wiggs 33:A299 - T Payne 90:
 :A338 - R Brown 209:A228 - J Pangbourne 260:
 2 Berkhamsted Sch Total :- 714
 :A219 - N Ormiston 89:A158 - E O'Grady 172:
 :A157 - C O'Grady 175:A367 - N Phillips 278:

Team Prize

1 Watford Harriers Total :- 64
 :A115 - N Harris 6:A111 - T Birkett 13:
 :A345 - G Mayoh 22:A344 - P Illing 23:
 2 Chiltern Harriers Total :- 236
 :A2 - L Butt 15:A122 - R Engers 45:
 :A409 - P Theobald 56:A416 - D M 120:
 3 Parker Total :- 354
 :A136 - B Evans 52:A134 - N Cummins 86:
 :A138 - R Kendall 107:A163 - M McConway 109:
 4 Dacorum & Tring AC Total :- 446
 :A375 - C Davies 24:A85 - J Williamson 54:
 :A222 - L Wright 162:A349 - G Bradshaw 206:
 5 Tring RC Total :- 662
 :A284 - P Cowan 19:A89 - M Ward 53:
 :A151 - M Gaunt 280:A150 - P Burley 310:
 6 Gade Valley Harr Total :- 879
 :A190 - S Mogan 148:A191 - A Howell 208:
 :A84 - J Barnett 261:A196 - L Mosley 262:
 7 Watford Run Sis Total :- 1159
 :A366 - R Casey 205:A353 - D Slater 300:
 :A153 - E Gray 314:A188 - S Cowan 340:
 8 Rangers Total :- 1296
 :A213 - T Sayers 296:A210 - K Cassels 303:
 :A212 - S Cassels 348:A211 - E McMichael 349:

1/2 Marathon

Pos	No	Name	Cat	Team	Time
1	1473	Andrew Cracknell	M25	Dacorum & Tring AC	1:12:46
2	787	Eddie O'Gorman	M35	Chiltern Harriers	1:13:45
3	1294	Trevor Hunter	M39	Handy Cross Runner	1:14:44
4	343	Blake Vivian	M30	St Albans Striders	1:15:03
5	1356	Keith Russell	M32	Reading RR	1:15:05
6	605	Mohammed Rahim	M27	Harrow AC	1:15:52
7	820	Paul Greaves	M44	Herts Phoenix	1:16:17
8	1427	Stephen Buckle	M27	St Albans Striders	1:16:34
9	1203	Martin McLean	M29		1:17:07
10	1028	Will Green	M34		1:17:49
11	745	Richard Taylor	M31	London Heathside	1:18:27
12	1074	Jonathan Hiscock	M35	Thame Runners	1:18:48
13	562	Ed Banks	M21	Univ of Warwick	1:19:41
14	1492	Brendon Gilbert	M32		1:20:29
15	1283	Laura Cowley	F27	Herts Phoenix	1:21:17
16	1334	Mat Clarkson	M36		1:21:30
17	864	Richard Bradbury	M37	Matlock AC	1:21:35
18	376	Lisa Da Silva	F25	TVH	1:21:38
19	1035	Karl Free	M31	Met Police AA	1:21:45
20	446	Mark Armstrong	M29	Rugby & N'ampton	1:21:52
21	1260	Richard Coles	M37	Gade Valley Harr	1:22:00
22	273	Simon Denn	M30		1:22:07
23	240	Andrew Byerley	M40	Thame Runners	1:22:34
24	1311	Michael Gallagher	M32	Serpentine RC	1:22:53
25	684	Jason Maddocks	M39		1:23:35
26	1177	Alan Lowne	M35		1:23:37
27	1276	Paul Tew	M45		1:23:38
28	659	Philip Cunningham	M46	Shaftesbury Barnet	1:23:44
29	1437	Vince Ellerby	M44	Gade Valley Harr	1:24:12
30	876	Matthew Alexander	M29	Elmbridge RR	1:24:13
31	702	Guy Woollett	M39	Gade Valley Harr	1:24:33
32	431	John Whateley	M27	Serpentine RC	1:25:01
33	575	Gavin Evans	M48	London Heathside	1:25:05
34	630	Chris George	M29	Boxfit	1:25:08
35	444	Manuel Da Silva	M28	TVH	1:25:11
36	899	Barry Walters	M52	British Airways AC	1:25:11
37	1228	Richard Holland	M29	Watford Harriers	1:25:12
38	1057	Bill Hawes	M42	Gade Valley Harr	1:25:21
39	447	Barry Stratford	M27	Herts Phoenix	1:25:26
40	511	Alan Roberts	M44	Vale of Aylesbury	1:25:27
41	287	Ian Lawson	M40	Chiltern Harriers	1:25:34
42	737	David Finch	M25		1:25:39
43	1316	Zac Taylor	M24		1:25:40
44	516	Mark Kennedy	M33		1:25:40
45	1174	Richard Harrison	M40	Royston Runners	1:25:44
46	1277	Jimmy Walsh	M40	Hillingdon AC	1:25:50
47	830	Andrew Powley	M34	Burnham Joggers	1:25:57
48	557	James Thompson	M31		1:25:59
49	813	Steven Weston	M40	Ilkley Harriers	1:26:03
50	1325	Paul Martin	M45	Royston Runners	1:26:07
51	1336	Shaun Connor	M39	Les Croupiers	1:26:12
52	790	Michael Turney	M45	Chiltern Harriers	1:26:23
53	654	Sean Bowen	M44	Garden City Runner	1:26:25
54	921	Daniel Watkins	M40	Harrow AC	1:26:29
55	1249	Colin Taylor	M40	Watford Joggers	1:26:32
56	826	Anthony Ryan	M27	Ware Joggers	1:26:33
57	588	Paul Shiel	M31	Herne Hill Harr	1:26:34
58	1125	Maurice McCrohan	M44		1:26:35
59	664	Sharon Gannon	F45	Ware Joggers	1:26:46
60	472	John Rumbold	M44	Ware Joggers	1:26:47
61	1107	John Lonergan	M42	Runnymede Runners	1:26:52
62	95	Nick Cavalla	M48		1:26:53
63	1193	Helen Finch	F24	Solihull & S Heath	1:27:02
64	1250	Derek Walker	M48	Watford Harriers	1:27:05
65	1405	Richard Slater	M36	Thame Runners	1:27:07
66	419	Tamsin Neale	F36	Burnham Joggers	1:27:10
67	481	Stewart Pepper	M49	Enfield & Haringey	1:27:13
68	1192	Mark Deacon	M33		1:27:18
69	732	David Moritz	M25		1:27:28
70	1115	David White	M43		1:27:36
71	789	Steve Boyd	M41	Gade Valley Harr	1:27:45
72	149	Colin Willetts	M34		1:27:52
73	957	Dan Wizard	M52	Vale of Aylesbury	1:27:57
74	918	David Roberts	M36		1:27:57
75	1308	Ged Ruffle	M57	Hart RR	1:28:01
76	1137	Nick Keylock	M33		1:28:08
77	1151	Liz Tapper	F30	Vale of Aylesbury	1:28:16
78	1105	David Evans	M39		1:28:20
79	622	Colin Braybrook	M47	St Albans Striders	1:28:29
80	1291	Joanne Finch	F24	Solihull & S Heath	1:28:31
81	332	George Jackson	M45		1:28:33
82	486	Dan Doherty	M33	Wellingborough & D	1:28:59
83	749	Rob Eastwood	M22		1:29:00

Pos	No	Name	Cat	Team	Time	Pos	No	Name	Cat	Team	Time
84	1131	Toby Earl	M35		1:29:03	169	1165	Mark Sanz	M40	Ware Joggers	1:35:18
85	1398	Carlos Medina	M26		1:29:10	170	759	Paul Holmes	M46	Pippa Parfitts	1:35:23
86	1479	Lukasz Stachowiak	M28		1:29:15	171	1236	Helen Mulhall	F37	Bearbrook Joggers	1:35:27
87	798	Nick Quilter	M53	Marlow Striders	1:29:16	172	1086	Robert Tims	M45	Isle of Wight RR	1:35:28
88	969	James Percy	M34		1:29:21	173	1289	Claire Farley	F38	Ware Joggers	1:35:34
89	558	Justin Hardman	M40	JP Morgan RC	1:29:27	174	414	Adam Dobbie	M28		1:35:38
90	1408	Alan Pye	M48	Runnymede Runners	1:29:32	175	708	Richard Dobby	M34		1:35:41
91	751	Keith Cotter	M31		1:29:34	176	57	Andrew Smith	M45		1:35:51
92	1139	Matt Hann	M25	St Albans Striders	1:29:36	177	1141	Peter Cairnie	M44	Bearbrook Joggers	1:35:54
93	525	Chris Kelly	M43	British Airways AC	1:29:52	178	1374	Michael Reid	M28		1:35:57
94	1251	Graham Taylor	M49	British Airways AC	1:29:53	179	675	Andrew Harper	M43	Veg Cycling & AC	1:36:00
95	1016	James Smith	M29		1:29:54	180	1449	Stephen Stuart	M39		1:36:10
96	234	Andrew Wright	M31	Gade Valley Harr	1:29:54	181	613	Ted Hamilton	M59	Hillingdon AC	1:36:18
97	402	Jonathan Taylor	M28	Chiltern Harriers	1:29:59	182	1234	Walter McCarthy	M48	Royal Mail	1:36:19
98	819	Paul De Kort	M46	Pippa Parfitts	1:29:59	183	1305	Tim Allen	M33		1:36:21
99	1354	Kevin Smart	M49	Metros	1:30:01	184	880	Tim Allen	M38		1:36:21
100	1015	Sandra Williams	F26	Watford Harriers	1:30:07	185	1333	Chris Macdonald	M23		1:36:22
101		No Race Number			1:30:08	186	1182	Jez Crick	M39	Chiltern Harriers	1:36:26
102	392	Richard Anderson	M38	British Airways AC	1:30:13	187	1003	Daniel Hertz	M43		1:36:28
103	348	Keith Ennis	M45	Ilford AC	1:30:19	188	217	Richard Phillips	M44		1:36:37
104	440	Richard Ruffell	M47	British Airways AC	1:30:21	189	707	Louise Dobby	F34	Chiltern Harriers	1:36:39
105	723	Laurey Ranken	F32	Trent Park RC	1:30:24	190	1180	John Ashton	M39	Victoria Park Harr	1:36:50
106	886	Justin Griffiths	M38		1:30:37	191	160	Mark Kates	M31	Watford Joggers	1:36:51
107	3	Lisa Newing	F25	Bristol & West AC	1:30:42	192	1216	Stephen Bartlett	M42		1:36:54
108	1351	Paul Goodwin	M30		1:30:43	193	705	Edward Charlwood	M27		1:36:56
109	1246	Chas Rayner	M58	West 4 Harriers	1:30:55	194	1247	Marion Rayner	F59	West 4 Harriers	1:36:58
110	651	Martin Whitworth	M34	St Albans Striders	1:31:02	195	1438	Yvonne Jones	F47	Garden City Runner	1:37:00
111	275	Jim Buttleman	M45	Leighton Fun Run	1:31:08	196	450	Darren Barrett	M37		1:37:00
112	1085	David Steedman	M43	Bearbrook Joggers	1:31:12	197	1399	Mike Morrison	M32		1:37:02
113	359	Ian Needelman	M48	Dacorum & Tring AC	1:31:16	198	236	Doug King	M58	Chiltern Harriers	1:37:05
114	400	Kevin Mills	M46	Campus 7	1:31:22	199	911	Lyle Butler	M38		1:37:07
115	416	Darren Johnson	M36	Burnham Joggers	1:31:28	200	1060	Milton Fast	M32	Overton Harriers	1:37:10
116	1264	David Day	M45		1:31:36	201	859	Thierry Allano	M46		1:37:15
117	1017	Stephen Paull	M55	Dunstable RR	1:31:38	202	963	Stuart Hambling	M35	Stragglers	1:37:22
118	474	Colin Evans	M38	Datchet Dashers	1:31:39	203	728	Duncan Hedley	M40		1:37:25
119	239	Julian Moore	M44	Abingdon Amblers	1:31:43	204	1227	Terry Hedge	M50	Watford Harriers	1:37:26
120	1441	Peter Norton	M39	Milton Keynes AC	1:31:52	205	1179	Anthony Rose	M49	Ware Joggers	1:37:27
121	670	Neil Gunn	M51	Macclesfield Harr	1:31:54	206	1362	Lawrence Chiles	M36		1:37:27
122	549	Gary Smith	M28		1:31:56	207	1364	Matthew Chiles	M39	Serpentine RC	1:37:27
123	1033	Libby Cameron	F31	Met Police AA	1:31:59	208	1466	Gordon Hall	M35		1:37:29
124	544	Debbie Wenman	F41	Chiltern Harriers	1:32:04	209	556	Antony Naylor	M35		1:37:29
125	225	Ryan Clark	M37		1:32:06	210	190	John Yarnell	M38	Bearbrook Joggers	1:37:30
126	508	Logan Campbell	M33	Serpentine RC	1:32:09	211	169	Paul Hardy	M40	Shires Triers	1:37:33
127	34	Keith Foley	M35		1:32:10	212	1198	Michael Roberts	M29		1:37:34
128	19	Neil Fawcett	M28		1:32:11	213	989	Peter Shelley	M31		1:37:35
129	746	Vamsi Velagapudi	M30	Serpentine RC	1:32:16	214	1254	Victor Wybourn	M40		1:37:37
130	438	Kate Rennie	F35		1:32:24	215	1417	Vikki Harrison	F41	David Lloyd Pacers	1:37:38
131	1187	Ian Rix	M39		1:32:26	216	1242	Roger Partridge	M48	Ware Joggers	1:37:39
132	976	Matt Roe	M34		1:32:26	217	1480	Sophie Delderfield	F25	Vale of Aylesbury	1:37:39
133		No Race Number			1:32:33	218	720	Colin Grace	M48	Ware Joggers	1:37:44
134	279	Hardeep Kullar	M38	Runnymede Runners	1:32:36	219	668	Kevin Grace	M38		1:37:46
135	1239	Mike Orton	M49	Watford Harriers	1:32:47	220	674	Ian Hammond	M39	Metros	1:37:49
136	1309	Susannah Lee	F28	Serpentine RC	1:32:50	221	410	Ben Leach	M27		1:37:51
137	958	Scott Cohen	M40		1:32:52	222	561	Jason Hansen	M22	RRC	1:37:55
138	458	Jonathan Scullard	M38	Tring RC	1:32:56	223	1162	Danny Bonnett	M37		1:37:56
139	1257	Melissa Arkinstall	F32	Hillingdon AC	1:33:00	224	1224	Ade Gibson	M55	Veg Cycling & AC	1:37:58
140	1221	Tim Cory	M48	Watford Harriers	1:33:03	225	319	Gary Britton	M28		1:38:01
141	1138	Heather Blamire-Brown	F23	St Albans Striders	1:33:04	226		No Race Number			1:38:09
142	235	Niall McIntyre	M39	JP Morgan RC	1:33:07	227	1465	Steve Field	M58	Chiltern Harriers	1:38:10
143	625	Angela Carpenter	F40	Chichester R&AC	1:33:10	228	1197	Chris Notton	M34	Serpentine RC	1:38:13
144	1100	Nicholas Morgan	M35		1:33:14	229	199	Suzy Hawkins	F33	FVS Tri	1:38:18
145	1295	Andrew Mansi	M59	Hillingdon AC	1:33:20	230	1080	Paul Natali	M39		1:38:24
146	522	Graham Noble	M23		1:33:24	231	395	Tim Cox	M29		1:38:28
147	810	Marco Paganuzzi	M43	Tri-Force	1:33:26	232	1230	Gavin Imrie	M34		1:38:31
148	219	Sarah Dudgeon	F32	Serpentine RC	1:33:28	233	691	Jon Salmon	M49	Thames H&H	1:38:32
149	1072	Jim Brown	M56	FVS	1:33:33	234	592	Bruce Dupe	M37		1:38:32
150	1130	Tim Barrow	M28		1:33:41	235	1112	Simon Taylorson	M38		1:38:33
151	171	Rick Blaney	M33		1:33:56	236	898	Richard Edwards	M38		1:38:34
152	1440	Richard Livesey	M33		1:33:57	237	1400	Cyndy Hetrick	F42		1:38:35
153	738	Kate Swanson	F37	City of London PAC	1:34:17	238	417	Ben Moss	M35		1:38:36
154	531	Gary Stewart	M40	Watford Joggers	1:34:20	239	214	Michelle Tierney	F32		1:38:41
155	769	Andy Dean	M28	Watford Joggers	1:34:21	240	1218	Malcolm Chart	M57		1:38:42
156	696	David Upjohn	M30	St Albans Striders	1:34:28	241	960	Juan Carlos E-Rodriguez	M32	BMF	1:38:42
157	494	Bill Street	M42		1:34:30						
158	423	Stuart Blofeld	M30		1:34:32	242	1012	Tim Connolly	M40		1:38:45
159	1185	Nicola Woolford	F27	Serpentine RC	1:34:34	243	1478	Cliff Canavan	M36		1:38:48
160	523	Mark Brown	M40	Lucas Fettes	1:34:35	244	180	Veronica Shadbolt	F48	Garden City Runner	1:38:53
161	1233	Paul Marsh	M46	Vale of Aylesbury	1:34:39	245	725	Adrian Thompson	M49		1:38:59
162	301	Chris King	F50	FVS	1:34:51	246	1462	Andrew Howell	M36		1:39:01
163	128	Andrew Watts	M32		1:34:57	247	584	Thomas North	M39		1:39:08
164	1290	Andrew Ferguson	M28	Stadium Runners	1:35:01	248	463	Graham Thomas	M31		1:39:12
165	663	Michael French	M55	Stafford Harriers	1:35:05	249	211	John Willcox	M32		1:39:12
166	722	Daniel Pickering	M18	Ware Joggers	1:35:07	250	716	Alison Kingston	F34		1:39:13
167	1428	Tim Keast	M30		1:35:08	251	624	Dan Brown	M35		1:39:14
168	318	Paul Nathan	M40		1:35:16	252	761	Guy Dauncey	M36		1:39:15

Pos	No	Name	Cat	Team	Time	Pos	No	Name	Cat	Team	Time
253	676	Nick Henson	M50		1:39:20	337	496	Paul Reilly	M39		1:43:01
254	672	Male Haake	M44		1:39:30	338	601	David Cunningham	M33		1:43:02
255	153	Charlie Blewett	M34		1:39:37	339	315	Victoria Crawley	F29	Gade Valley Harr	1:43:02
256	662	Mark Emmett	M47	Thame Runners	1:39:40	340	351	Nigel Millwood	M36	Tring RC	1:43:08
257	297	Steve Daniel	M48	Watford Harriers	1:39:42	341	1286	Nicholas Dunwell	M28		1:43:10
258	660	Jackie Drew	F35	Watford Joggers	1:39:48	342	466	John Gorton	M55	Metros	1:43:12
259	512	Ricky Mardlin	M25		1:39:51	343	1169	Bryan Chitty	M34		1:43:12
260	92	Iain Macdonald	M34		1:39:52	344	195	Lee Radley	M38	Ware Joggers	1:43:16
261	693	Jo Summers	F33	Trent Park RC	1:39:57	345	906	Brent Curless	M52	Datchet Dashers	1:43:16
262	718	Nick Mauger	M38		1:40:00	346	1194	David Ashworth	M39		1:43:18
263	950	Robert Lloyd	M27		1:40:00	347	1159	Nicola Heron	F25	Mornington Chasers	1:43:19
264		No Race Number			1:40:06	348	120	Mark Pawlett	M39		1:43:24
265	1143	Chris Eland	M40		1:40:07	349	1092	Andrew Chater	M53		1:43:25
266	86	Jackie McDermott	F39		1:40:09	350	1140	Azzez Lasmi	M35		1:43:29
267	726	Robert Varney	M34		1:40:11	351	1419	Daryl Frost	M31		1:43:33
268	650	Douglas Waller	M49		1:40:12	352	373	Giles Opie	M27		1:43:33
269	1025	Andrew Stylianou	M36	Serpentine RC	1:40:14	353	604	David Cook	M30		1:43:40
270	1394	Clare Bonnick	F47	Watford Joggers	1:40:17	354	464	Steve Graham	M59	Thame Runners	1:43:46
271	4	Malcolm Frost	M53		1:40:21	355	1022	Mike Brennan	M39		1:43:52
272	1446	Helen Massey	F28		1:40:22	356	1055	James Croft	M29		1:43:58
273	943	Craig Leverett	M37	Ware Joggers	1:40:23	357	1248	Peter Rogers	M49		1:44:00
274	1484	Phil Robbins	M29		1:40:24	358	666	Rosaire Gray	F48	London Heathside	1:44:03
275	1460	Andy Anthony	M47		1:40:25	359	1036	Nikki Lovell	F38		1:44:04
276	1232	Sandra Levet	F45		1:40:26	360	1067	Dominic Goslett	M32		1:44:06
277	884	Matt Connolly	M31		1:40:27	361	181	Fiona Towell	F39	Leighton Buzzard	1:44:08
278	883	Collette Aubert	F28		1:40:28	362	1323	Susan Williams	F49	David Lloyd Pacers	1:44:12
279	1063	Robin EdgecliffeJohnson	M33		1:40:32	363	329	Jodi Cullen	F28		1:44:18
280	550	Mark Sharpe	M34		1:40:32	364	1217	Sue Carpenter	F46	Watford Joggers	1:44:19
281	944	Simon Gill	M32		1:40:39	365	795	James Gamble	M49	Watford Joggers	1:44:19
282	695	Les Taylor	M45	Ware Joggers	1:40:41	366	487	Catriona Shannon	F30		1:44:23
283	1091	Geoff Head	M47	Tring RC	1:40:44	367	517	Kieran Dolan	M45		1:44:26
284	1104	Lisa Sassoon	F44	David Lloyd Pacers	1:40:53	368	1178	Gary Bowers	M44	Chiswick Park Run	1:44:28
285	649	Emily Taylor	F30		1:40:55	369	1147	Paul Champken	M48	St Albans Striders	1:44:32
286	621	David Beal	M33		1:40:56	370	959	Malcolm Holmes	M32		1:44:37
287	429	Ian Magor	M43		1:40:58	371		No Race Number			1:44:37
288	1113	Alex Agran	M34		1:40:58	372	867	Sarah Jackson	F41	Met Police AA	1:44:43
289	518	Caroline White	F52	London Heathside	1:40:59	373	881	Sam Fawcett	F24		1:44:43
290	89	Geoffrey Phillips	M47		1:40:59	374	130	Chris Rogers	M20		1:44:44
291	45	Jamie Jephcott	M40		1:41:01	375	255	Paul Hosking	M42	RRC	1:44:45
292	110	Daniel Morris	M33		1:41:06	376	633	Darren Hogg	M35	Tring RC	1:44:48
293	868	Simon Morris	M25		1:41:13	377	1073	George Devine	M33		1:44:52
294	917	Lynn Nicholls	F44	Ware Joggers	1:41:21	378	1093	Mark Mulvenna	M46	Sudbury Court RC	1:44:56
295	1144	Andrew Bocking	M37		1:41:22	379	1065	Jeremy Hill	M42	East London Tri	1:45:01
296	1432	Debbie Channer	F36	Bearbrook Joggers	1:41:24	380	1255	Mike Todd	M47		1:45:04
297	784	Giles Devlin	M35	Fetchevervone	1:41:29	381	757	Christopher Nixon	M35		1:45:05
298	807	Michelle Trueman	F38		1:41:30	382	103	Jonathan Dearman	M36		1:45:07
299	1166	Andy Harris	M58		1:41:32	383	1358	Ian Goodman	M38		1:45:08
300	653	John Bartlett	M50	RRC	1:41:39	384	1444	Chris Tautz	M28		1:45:09
301		No Race Number			1:41:46	385	537	Evan Sexon	M36		1:45:12
302	503	Simon Machin	M33		1:41:49	386	218	Alex Jefferson	M31		1:45:16
303	212	Nic Neklesa-Ford	M36	Sudbury Court RC	1:41:50	387	353	Emma Bradbury	F35		1:45:16
304	658	John Coleman	M43		1:41:51	388	524	David Bradbury	M35		1:45:16
305	804	Peter Smith	M46	FVS	1:41:52	389	835	Ian Durndell	M34		1:45:17
306	189	Mark Underwood	M46	Mornington Chasers	1:41:54	390	1385	Andrew West	M29		1:45:19
307	1279	Neville Worthington	M30		1:41:57	391	66	Mark Edwards	M27		1:45:20
308	398	Andrew Rendell	M35	St Albans Striders	1:42:06	392	717	Bev Mauger	F37		1:45:24
309	198	Kevin Smart	M36	FVS Tri	1:42:14	393	879	Warren Drury	M34		1:45:27
310	41	Simon Somerville	M42		1:42:21	394	961	John Harris	M39		1:45:30
311	724	Mark Smith	M50	Chiltern Harriers	1:42:22	395	850	Mark Tant	M44		1:45:32
312	833	Tom Moberly	M29		1:42:24	396	1157	Sylvain Bodet	M32		1:45:35
313	1031	Graham Meager	M52		1:42:25	397	988	Richard Forrest	M39		1:45:35
314	1361	Chris Chorley	M45	Bungay Black Dog	1:42:26	398	408	Richard Bentley	M44	St Albans Striders	1:45:37
315	938	Andrew Ochia	M39		1:42:27	399	455	Peter Broughton	M31		1:45:43
316	796	Richard Hennis	M37		1:42:31	400	975	Nick De Sausmarez	M43		1:45:45
317	699	Daniel Wood	M35		1:42:32	401	1111	Chris Harris	M33		1:45:46
318	434	Peter Carroll	M40	Lucas Fettes	1:42:34	402	468	Michael Green	M44	Trent Park RC	1:45:48
319	1219	Leyton Cheyne	M35	Chiltern Harriers	1:42:35	403	1226	Martin Grimdsdale	M54	Watford Harriers	1:45:49
320	927	Elliot Brown	M39		1:42:37	404	776	Kathryn Carruthers	F44		1:45:51
321	711	Steve Hewitt	M40	Watford Joggers	1:42:38	405	647	Justin Roberts	M37	St Albans Striders	1:45:52
322	1041	Nigel Henry	M44		1:42:39	406	269	Tristan Woods	M36		1:45:53
323	1470	Philip Wilton	M51		1:42:39	407	1176	Craig Dalkin	M36		1:45:57
324	1342	Rus Looome	M46		1:42:40	408	1366	David Manson	M45		1:45:59
325	1410	Sharon Kassemzadeh	F54	Watford Joggers	1:42:41	409	377	Linda Thomasson	F45	Stopsley Striders	1:46:01
326	827	Scott Clarke	M40	Chiltern Harriers	1:42:42	410	834	Louise Berry	F27	Tring RC	1:46:05
327	1196	Melanie Kates	F26		1:42:42	411	748	Darren Whintey	M43		1:46:06
328	822	Duncan Alison	M31		1:42:46	412	1403	Jill Rowlands	F37	Ful on Tri	1:46:07
329	1271	Richard Pangbourne	M24		1:42:46	413	114	John Pickering	M54	Ware Joggers	1:46:09
330	987	Tom De Val	M35		1:42:50	414	973	Kelly McMillan	F18	Watford Joggers	1:46:12
331	1324	Stuart Tarrant	M44		1:42:52	415	609	Lisa Fairclough	F34		1:46:24
332		No Race Number			1:42:55	416	731	Julian Mitchell	M34		1:46:25
333	802	Roland Brown	M49		1:42:56	417	689	Ruth Richards	F36	St Albans Striders	1:46:26
334	179	Paul Clarke	M32		1:42:56	418	534	Katie Thrower	F33		1:46:30
335	137	Michael Jewell	M33		1:42:56	419	638	Fiona Kennedy	F32		1:46:32
336	661	Rowena Edmondson	F54	Reading RR	1:42:58	420	1021	John Laird	M38	Hillingdon AC	1:46:41
						421	1077	Daniel Lowans	M37		1:46:41

Pos	No	Name	Cat	Team	Time	Pos	No	Name	Cat	Team	Time
422	970	Arthur Brooks	M56	St Albans Striders	1:46:43	507	1293	Gemma Greenwood	F32	Serpentine RC	1:49:17
423	1208	Mark Hester	M35	PSOF	1:46:48	508	413	Charles Tillett	M30		1:49:18
424	334	Geoff Ford	M32		1:46:49	509	394	James McFarlane	M38		1:49:20
425	1420	Paul Allton	M35		1:46:52	510	1474	Deon Percival	M33	Gade Valley Harr	1:49:21
426	439	James Rennie	M37		1:46:53	511	1391	Beth Pirie	F38	Victory AC	1:49:22
427	720	Colin Grace	M48	Ware Joggers	1:46:55	512	538	Hazel Clark	F30	Ware Joggers	1:49:23
428	652	Brendan Aspell	M43		1:46:57	513	627	Norman Edridge	M58		1:49:23
429	600	Clare Cunningham	F31		1:47:05	514	815	Nick Hooton	M48		1:49:33
430	1495	Edward Nix	M40		1:47:05	515	499	Matthew Lindsey-Clark	M46		1:49:36
431	159	Nicola Henry	F40	Dacorum & Tring AC	1:47:08	516	1396	Dinny James	F27		1:49:37
432	951	Richard White	M54	Tring RC	1:47:08	517	349	Victoria Mackay	F37		1:49:44
433	278	Mark Bird	M33	Gade Valley Harr	1:47:13	518	568	Rachel Hesslegrave	F37		1:49:45
434	1482	Lee Strain	M42		1:47:14	519	363	Merewyn Hartley	M37		1:49:45
435	1481	Peter York	M43		1:47:14	520	1067	Dominic Goslett	M32		1:49:45
436	1297	David Pearce	M33		1:47:17	521	593	Dianne Blackmore	F49	Stopsley Striders	1:49:51
437	1348	Javier Campillonch	M25		1:47:17	522	1312	Kags Alexander-Cahill	M38	Victoria Park Harr	1:49:52
438	1497	Paul Fletcher	M35	JP Morgan RC	1:47:18	523	1401	Kelvyn Lee	M58		1:49:53
439	673	Julian Ham	M46		1:47:18	524	1124	Graeme Payne	M31		1:49:54
440	1379	Louise Baldwin	F31		1:47:19	525	1047	Mark Hobbs	M40		1:49:54
441	1114	Mike Spray	M47	Serpentine RC	1:47:21	526	1413	Jo Lewis	F53	Reading RR	1:49:56
442	473	Richard Schreiber	M47		1:47:24	527	926	Paul Rayner	M32		1:49:59
443	1010	James Garman	M31	Tri-Force	1:47:26	528	383	John Adams	M31		1:49:59
444	681	June Johnson	F64	Leamington C&AC	1:47:28	529	303	Calvin Sellers	M41		1:50:01
445	845	Jo Tucker	F45		1:47:31	530	204	Ryan Davies	M24		1:50:08
446	667	Daniel Green	M34		1:47:32	531	520	Rory Lumsdon	M32		1:50:12
447	122	Chris Marchand	M51	Denham	1:47:34	532	209	Allan Ferrie	M38	Ivanhoe Runners	1:50:14
448	1278	Naomi Woodland	F27	FVS Tri	1:47:35	533	1048	Giles Leather	M38		1:50:19
449	1186	Andre Ferreira	M53	Ware Joggers	1:47:35	534	1263	Asad Hamid	M41		1:50:21
450	83	Damian Keen	M35	Reading RR	1:47:36	535		No Race Number			1:50:24
451	1240	Freddie Otto	M45		1:47:37	536		No Race Number			1:50:25
452	933	Stephen Cooper	M55		1:47:40	537	646	Darren Readman	M36	Thame Runners	1:50:28
453	316	George Owen	M27		1:47:43	538	643	Steve Palmer	M31		1:50:32
454	1106	Bob Hattersley	M49		1:47:44	539	57	Andrew Smith	M45		1:50:35
455	1457	William Krarup	M47		1:47:44	540	1496	Graham Hardcastle	M44		1:50:36
456	515	Pamela Dixon	F32	Elmbridge RR	1:47:48	541	987	Tom De Val	M35		1:50:36
457	357	Gertrud Porter	F60	Metros	1:47:50	542	146	Phil Roger	M35		1:50:41
458	365	Shan Slavin	M39		1:47:51	543	71	Kevin Hall	M33		1:50:44
459	313	Jess Tres	F42		1:47:53	544	1059	Victoria Sylvester	F36	Watford Joggers	1:50:46
460	314	Ian Hodgson	M41		1:47:54	545	391	Frances Baxter	F39		1:50:46
461	692	Roger Simmonds	M60	Thame Runners	1:47:55	546	406	Jenny Broughton	F29		1:50:47
462	1265	Paula Gollop	F28	Ware Joggers	1:47:57	547	1214	Paul Baker	M46		1:50:49
463	915	Stephen Elkan	M43		1:47:58	548	948	Katy Emson	F26		1:50:54
464	375	Kat Luig	F27		1:48:01	549	222	Ken Murray	M43		1:50:56
465	1285	Catherine Drew	F27		1:48:02	550	1245	North Pyper	M51		1:50:57
466	942	Elise Aitchison	F25	Tring RC	1:48:04	551	1064	Haris Paschalis	M31		1:50:59
467	1011	Colin Malone	M59		1:48:05	552	1322	Rik Edwards	M52	Chiltern Harriers	1:51:00
468	1014	Virginia Short	F38	David Lloyd Pacers	1:48:05	553	687	B Patel	M36		1:51:03
469	358	Bella Bird	F26		1:48:06	554	578	Stefan Barden	M46		1:51:04
470	178	Mark Reynolds	M40		1:48:09	555	1173	Samantha Ludlow	F27	Serpentine RC	1:51:05
471	873	Andrew James	M36		1:48:12	556	1314	Gareth Alexander	M35	Victoria Park Harr	1:51:09
472	552	Simon Johnson	M43		1:48:14	557	355	Terence Thatcher	M52		1:51:11
473	937	Richard Jones	M40	St Albans Striders	1:48:15	558	172	Steve Gannon	M37	Chiltern Harriers	1:51:12
474	792	Glenn Icton	M30		1:48:17	559	855	Roz Claxton	F41	Metros	1:51:13
475	258	Dallas Wiles	M33		1:48:19	560	814	Kevin Herbert	M41		1:51:13
476	1202	Stephen Webster	M50		1:48:19	561	941	Dan Russell	M25		1:51:16
477	510	Ed Johnston Stewart	M28		1:48:20	562	1235	Carolyn Moss	F49		1:51:17
478	553	Andrew Robertson	M30	St Albans Warriors	1:48:22	563	542	John Dodsworth	M41		1:51:18
479		No Race Number			1:48:27	564	1027	Lee Farrington	M29		1:51:20
480	1454	Laura Cornwell	F31	Handy Cross Runner	1:48:28	565	908	Chris Bailey	M40		1:51:24
481	1223	Julia Fonnerea	F44	Bishops Stortford	1:48:30	566	1453	David Hutton	M42		1:51:30
482	841	Marc Rowlands	M37		1:48:31	567	465	Simon McGeary	M38		1:51:32
483	997	Edmund Kendall	M28		1:48:34	568	1119	Melissa Myatt	F34		1:51:34
484	1296	Tony Molesworth	M67	Chiltern Harriers	1:48:37	569	506	Rebecca McGuire	F33	Dulwich Runners	1:51:35
485	1319	Ben Darter	M30		1:48:39	570	774	Fleur Tunnard	F35	Reading RR	1:51:37
486	48	Lloyd Clark	M41		1:48:41	571	87	James McSweeney	M30		1:51:44
487	1101	Joanne Coleman	F42		1:48:43	572	1427	Stephen Buckle	M27	St Albans Striders	1:51:44
488	583	Bill Page	M30		1:48:44	573	1368	Steve Tagg	M39		1:51:45
489	599	Lisa Gornall	F29		1:48:44	574	1013	Andreas Koini	M40		1:51:45
490	686	Andy Newing	M42	Gade Valley Harr	1:48:45	575	1069	Tom Wicka	M30		1:51:49
491	1253	Peter Winfield	M51	Bishops Stortford	1:48:46	576	603	Nicholas Dixon	M58	Trent Park RC	1:51:50
492	946	Carol Ransom	F38	St Albans Striders	1:48:48	577	693	Jo Summers	F33	Trent Park RC	1:51:50
493	1164	Gemma Collier	F23	Bearbrook Joggers	1:48:51	578	781	Peter France	M40		1:51:52
494	519	Ken Jones	M35		1:48:55	579	1158	Matthew Cox	M38		1:51:53
495	1238	Lee Nutkins	M34		1:48:59	580	267	Gemma Bolam	F27		1:51:54
496	1415	Peter Alford	M58	Tring RC	1:49:02	581	991	Matthew Wort	M28	Ashlyns Staff	1:51:57
497		No Race Number			1:49:03	582		No Race Number			1:51:57
498	1160	Mark Moroney	M43		1:49:05	583	1430	Steve Palmer	M48	London FB S&AA	1:52:00
499	1357	Tim Buckley	M31		1:49:06	584	608	Deolor Da Silva	M52		1:52:05
500	210	Ian Bentley	M32		1:49:08	585	194	Lucy Reeve	F37		1:52:06
501	891	Rahel Masih	M32		1:49:08	586	317	Gerry Murphy	M53	Purple Patch Run	1:52:13
502	549	Gary Smith	M28		1:49:09	587	1452	Martin Coyle	M35		1:52:15
503	1244	Nick Pierpoint	M51	Tring RC	1:49:12	588	1209	Steven Coe	M42		1:52:16
504	916	Dawn Robson	F49	Staggers	1:49:13	589	602	Alexander Pooley	M27		1:52:19
505	1109	Kelly D-Holdrick	F29	Thame Runners	1:49:14	590	63	Ruth Ford	F27		1:52:20
506	1459	Mark Beauter	M37	FVS Tri	1:49:15	591	1273	Martin Reeder	M47		1:52:25

Pos	No	Name	Cat	Team	Time	Pos	No	Name	Cat	Team	Time
592	930	Graham Sanders	M62	Bearbrook Joggers	1:52:28	677	361	Paul Crouch	M28		1:55:16
593	415	Wendy Stephenson	F35	Dacorum & Tring AC	1:52:28	678	293	Peter Edwards	M42	Watford Joggers	1:55:18
594	1498	Clare Murray	F39	Dacorum & Tring AC	1:52:29	679	1464	Tutty Ben	M41		1:55:19
595	799	John Clarke	M24		1:52:30	680	362	Sarah Day	F30		1:55:20
596	965	Nick Brown	M28		1:52:33	681	312	Paul Jarman	M40		1:55:23
597	90	Melanie Phillips	F46		1:52:37	682	1146	John Chelsom	M47		1:55:25
598	934	Zsolt Nagy	M26		1:52:39	683	1145	Barrie Johnston	M32		1:55:30
599	1129	Andrew Dunstan	M33		1:52:39	684	39	Jennifer Sewell	F28		1:55:32
600	1476	Lisa Wood	F45		1:52:40	685	636	Will Ing	M41		1:55:34
601	1269	Colin Naman	M58	Ware Joggers	1:52:42	686	585	Louis Smyth	M51	Sudbury Court RC	1:55:35
602	801	Adam Donnelly	M35		1:52:44	687	967	Helen Scott	F25		1:55:37
603	404	Geoff Brown	M42		1:52:45	688	1042	Neville Newman	M47		1:55:40
604		No Race Number			1:52:51	689	322	Rob MacArthur	M41		1:55:42
605	1258	Howard Artiss	M67	Herts Phoenix	1:52:51	690	1384	Chris Lund	M32		1:55:43
606	1150	Nick Schramm	M0		1:52:54	691	29	Philip Carlsson	M29	Stockholm	1:55:44
607	750	Lizzie Edwards	F37		1:52:56	692	139	Robert Carter	M37		1:55:44
608	1272	Jeremy Rawlings	M59		1:53:01	693	1422	Sandy Bruce	M54		1:55:48
609	842	Andrea Broughton	F44	Thames Valley Harr	1:53:02	694	341	Jo Gundle	F45		1:55:54
610	65	Dean Hickman	M30		1:53:03	695	445	Lucy Harries	F28		1:55:55
611	986	Chris Charlton	M28		1:53:05	696	1161	Peter Veale	M37		1:55:55
612	9	Nigel Cobb	M35		1:53:06	697	1262	Richard Griffiths	M44		1:55:56
613	309	Steve Moss	M41		1:53:10	698	44	Adam Campbell	M47		1:56:03
614	551	Patrick Ryan	M34	St Albans Warriors	1:53:10	699	428	Dan Fitzgerald	M34		1:56:12
615	974	Susan Norris	F32		1:53:18	700	1065	Jeremy Hill	M42	East London Tri	1:56:17
616	101	Anne Jackson	F43	BP Helios	1:53:23	701	177	Chris McCallum-Banks	M29		1:56:19
617	902	John Brophy	M55	Dunstable RR	1:53:26	702	755	Ian Jamieson	M34		1:56:21
618	426	Catharine Sowerby	F46	Serpentine RC	1:53:26	703	229	Wayne Warren	M58	British RR	1:56:25
619	25	Simon Turton	M39		1:53:27	704	1045	Caroline Chapman	F45	Veg Cycling & AC	1:56:25
620	1467	Kerry McCann	F27		1:53:27	705	1046	Glenn Chapman	M46	Veg Cycling & AC	1:56:25
621	753	Martin Freeman	M38		1:53:31	706	1304	Andrew Watt	M38		1:56:26
622	1487	Paul Gascoyme	M46	10-Point Tri	1:53:33	707	77	Wendy Guild	F46	Trent Park RC	1:56:27
623	13	Jon Edwards	M40		1:53:36	708	421	Matthew Rowley	M38		1:56:27
624	213	Peter Martin	M52		1:53:37	709	1455	Kika Watford	F41	Watford Joggers	1:56:28
625	838	Kathryn Breslin	F28		1:53:41	710	454	Maryann Broughton	F31		1:56:29
626	914	Richard Allingham	M39		1:53:41	711	1095	Paul Maghie	M42		1:56:30
627	569	Simon Green	M51		1:53:42	712	1024	Alexander Biles	M27		1:56:36
628	1360	Bobbie Sauerzapf	F50	Bungay Black Dog	1:53:43	713	922	Matthew Rix	M34	North Herts RR	1:56:37
629	448	Stuart Boyd	M31		1:53:44	714	574	Gillian Perkins	F44		1:56:38
630	366	Jeremy Coker	M45		1:53:45	715	1377	Andy Gill	M34		1:56:42
631	1345	Edward Brown	M28		1:53:45	716	1450	John Thompson	M50		1:56:45
632	1040	David Rosenfeld	M47	Radlett	1:53:48	717	908	Chris Bailey	M40		1:56:45
633	310	Tim Baker	M22		1:53:49	718	1038	Roxane Carr	F28		1:56:47
634	1044	Caireen Northeast	F35		1:53:50	719	1039	Richard Coffey	M28		1:56:47
635	277	Felix Loy	M46		1:53:50	720	498	Susie Tomson	F38		1:56:51
636	1395	Brian Sythes	M37		1:53:52	721	261	Emma Bullock	F28	Mornington Chasers	1:56:52
637	612	Leanne McCallion	F28	Hospice St Francis	1:53:54	722	1416	Eyal Efrat	M39		1:56:56
638	123	Amy Wigg	F33	Barnet & Dist AC	1:53:55	723	1409	Stuart Sampson	M40		1:56:57
639	424	Meg Headley	F35		1:53:55	724	1407	Martin Unerman	M45		1:56:57
640	800	James Fowler	M25		1:53:55	725	851	Catherine Gunn	F39		1:56:58
641	1009	Stan Nwaka	M46		1:54:01	726	1051	Siobhan Burns	F40		1:56:58
642	1071	Scott Baillie	M35	Dunstable RR	1:54:02	727	1181	Kate Cousin	F44		1:57:01
643	1019	Jonathan Moffatt	M46	St Albans Striders	1:54:04	728	788	Phil Barham	M45		1:57:04
644	854	Nick Webb	M47		1:54:08	729	401	Graham Allen	M40		1:57:05
645	452	Andrea Munnoch	F26		1:54:18	730	782	Jill Nixon	F26	Mornington Chasers	1:57:06
646	962	Luke Hart	M35	St Albans Striders	1:54:21	731	825	Richard Wentford	M20		1:57:06
647	502	Elizabeth Barber	F63	St Albans Striders	1:54:24	732	1483	Heather McCaffrey	F43		1:57:07
648	1156	Jon Humble	M42		1:54:26	733	1183	Sue Browne	F43		1:57:07
649	1292	Laurel Gilbert	F25	Stadium Runners	1:54:29	734	1184	Isobel Lang	F38		1:57:08
650	1353	Mark Kingswood	M47		1:54:31	735	990	Dominic Black	M35		1:57:11
651	1355	Richard Eadie	M28		1:54:33	736	849	Clare Copeman	F37		1:57:12
652	803	Anne De Asha	F51	Orion Harriers	1:54:34	737	218	Alex Jefferson	M31		1:57:14
653	1341	Simon Bright	M45	Gade Valley Harr	1:54:37	738	1256	Martin Allen	M48	Chiltern Harriers	1:57:30
654	340	Andrew McAleese	M37		1:54:42	739	626	Debra Currington	F47		1:57:33
655	208	Melanie Ferrie	F36	Ivanhoe Runners	1:54:43	740	1054	Aaron Powell	M29		1:57:34
656	598	Alice Sullivan	F35	Mornington Chasers	1:54:44	741	191	Ulrika Barclay	F48	Bearbrook Joggers	1:57:36
657	1205	Robert Dixon	M23		1:54:45	742	70	Rose Paton	F43		1:57:40
658	336	Tim Harris	M40		1:54:48	743	912	Jane Thomas	F44	David Lloyd Pacers	1:57:42
659	1349	Justin Sythes	M37		1:54:49	744	719	Alice Olney	F20		1:57:43
660	1088	David Woffinden	M34		1:54:52	745	256	Ian Meakin	M50		1:57:45
661	1211	Claire Percy	F29		1:54:53	746	892	Simon Griffiths	M33		1:57:48
662	1241	Jill Owen	F0	Watford Harriers	1:54:55	747	122	Chris Marchand	M51	Denham	1:57:50
663	449	Dave Cass	M42	Isle of Wight RR	1:54:57	748	610	Chris Kendall	M23		1:57:55
664	683	Stephen Kent	M58		1:54:58	749	54	Stephen Aiton	M40		1:57:56
665	856	Lambros Damopoulos	M41		1:54:58	750	1411	Imogen Haddon	F34		1:57:56
666	243	Margriet Drew	F39		1:55:00	751	262	Jane Porteous	F46	Tring RC	1:57:57
667	1339	Geoff Lambrick	M54	David Lloyd Pacers	1:55:00	752	875	John Holubjowsky	M45		1:57:58
668	113	Nicola Pickering	F46	Ware Joggers	1:55:02	753	1499	John Hughes	M41	Hillingdon AC	1:57:59
669	294	Saul Philpot	M42		1:55:02	754	1370	Christine Moran	F37		1:58:05
670	1206	Cheryl Curtis	F41		1:55:04	755	995	Mike Bamford	M35		1:58:06
671	461	James Hopegood	M44	Witham RC	1:55:06	756	1436	Mark Drapeau	M38		1:58:07
672	677	Mark Highfield	M50	Watford Harriers	1:55:09	757	1435	Darren Day	M40		1:58:08
673	1075	Simon Jessop	M40		1:55:10	758	40	Nick Sewell	M28		1:58:08
674	766	Chris Feander	M31		1:55:13	759	1268	Simon Longbottom	M37		1:58:08
675	665	Jeannette Vango	F41	Corby AC	1:55:15	760	202	Ben Whitley	M30		1:58:13
676	780	Simon Wedge	M39		1:55:16	761	252	Simone Robinson	F26	Gade Valley Harr	1:58:14

Pos	No	Name	Cat	Team	Time	Pos	No	Name	Cat	Team	Time
762	977	Anita Hall	F40	Dunstable RR	1:58:18	847	734	Michael Harding	M37		2:02:17
763	837	Wendy Cope	F49	Dunstable RR	1:58:19	848	46	Simon Nicol	M32		2:02:17
764	399	Susie Procter	F32		1:58:20	849	1231	Janine Larson	F40	Stopsley Striders	2:02:20
765	432	Samuel Deards	M30		1:58:28	850	577	Sandra Barden	F46		2:02:23
766	1204	John Foster	M38		1:58:28	851	932	Jason Crane	M37		2:02:26
767	1302	Lara Wadey	F30		1:58:30	852	786	Catherine Budd	F51		2:02:27
768	893	Russell Levene	M47		1:58:31	853	73	Cheryl Coyle	F34		2:02:29
769	1328	Mandy Attree	F43	St Albans Striders	1:58:35	854	350	Mike Baker	M50	Kidzone Krawlers	2:02:33
770	197	Neil Stanton	M39		1:58:39	855	270	Stefan Wilenczyc	M52		2:02:39
771	1020	Lindsay Dane	M37		1:58:42	856	460	Sara Carter	F41	Ware Joggers	2:02:47
772	547	William Holman	M29		1:58:44	857	386	Paul Moran	M45		2:02:49
773	704	Ian Birkett	M28		1:58:45	858	885	Jennifer Griffiths	F34		2:02:49
774	165	Sophie Cole	F41		1:58:48	859	632	Beth Hill	F30		2:02:52
775	313	Jess Tres	F42		1:58:51	860	51	Peter Thomson	M55		2:02:56
776	144	Colin McCready	M33		1:58:51	861	333	Tracy Dodd	F46	Leighton Fun Run	2:02:57
777	619	Arthur Airey	M63	Thame Runners	1:58:51	862	678	Samantha Horne	F42		2:02:59
778	285	Nikki Burgess	F43	Tring RC	1:58:54	863	492	John Harris	M24		2:03:00
779	903	Erica Darby	F45	Dunstable RR	1:58:54	864	1117	Steve Waters	M45		2:03:00
780	996	David Routledge	M35		1:58:54	865	1171	Simon Ashby	M35		2:03:10
781	131	Mark Blaylock	M40		1:59:06	866	476	Shelley Collinson	F28		2:03:13
782	238	Gary Rokenson	M48	Gade Valley Harr	1:59:07	867	272	Sam Williams	M25		2:03:14
783	992	Daniel Barrett	M27		1:59:08	868	979	Amanda Coleman	F38	Dunstable RR	2:03:16
784	742	Paula Cook	F45	Gade Valley Harr	1:59:09	869	865	Chris Hadland	M30		2:03:18
785	1280	Daniel Wu	M23		1:59:13	870	1135	Kelvin Clibbon	M47		2:03:20
786	37	Debbie Shrimpton	F29		1:59:14	871	1149	Roy Hardy	M35		2:03:25
787	947	Simon Parker	M42	Ballinger	1:59:15	872	254	Neil Bailey	M41	St Radegund HHH	2:03:27
788	121	Nicola Engelbach	F26		1:59:18	873	874	Roberto Canenti	M37		2:03:30
789	427	Marc Sumner	M32		1:59:18	874	1307	Ivan Pedrazas	M35		2:03:30
790	1082	Kevin Prince	M45		1:59:23	875	832	Margaret Glover	F60		2:03:41
791	872	Emily Roads	F30		1:59:24	876	1076	Julia Lines	F44	Dunstable RR	2:03:42
792	890	Alan Fordham	M44		1:59:25	877	928	Colleen Hall	F25		2:03:42
793	680	Liz Jackson	F46	Trent Park RC	1:59:25	878	1078	Jane Martin	F44		2:03:44
794	388	Matt Carter	M36		1:59:26	879	1151	Liz Tapper	F30	Vale of Aylesbury	2:03:47
795	433	Andrew Sangster	M38		1:59:29	880	1084	Janet Reeve	F47	Tring RC	2:03:47
796	1229	Jane Hudson	F50	Metros	1:59:31	881		No Race Number			2:03:49
797	1136	Phillip Liley	M36	British Airways AC	1:59:31	882	1098	Philip Gatsky	M43		2:03:54
798	993	Paul Cruise	M37	Met Police AA	1:59:33	883	507	Joanna Westrope	F36		2:03:56
799	994	Sarah Mathers	F30	Met Police AA	1:59:35	884	470	Theodosia Green	F46	Trent Park RC	2:03:57
800	274	Neil Ross	M47		1:59:39	885	572	Eleanor Heron	F29		2:03:57
801	1463	Elizabeth Tutty	F43		1:59:40	886	1376	Phil Sellick	M41		2:03:58
802	811	David Pryce	M33		1:59:43	887	793	Paul Thomas	M61	Leighton Fun Run	2:03:59
803	752	Stratos Efstratiou	M41		1:59:45	888	36	Ian Shrimpton	M29		2:04:09
804	972	Jaime Florez	M53	Dulwich Runners	1:59:45	889	1261	Eleanor Draper	F73	Garden City Runner	2:04:13
805	712	Michael Hirsch	M53		1:59:55	890	132	Gilly Holdsworth	F50	Garden City Runner	2:04:14
806	347	Lee Marsden	M33		1:59:56	891	1154	Mark Woolcock	M37		2:04:16
807	1306	Mark Nichols	M57		1:59:57	892	1477	Ali Arber	F40		2:04:26
808	282	Alex Robinson	M36		1:59:57	893	614	Carien Viljoen	F39		2:04:32
809	688	Tim Price	M44		2:00:00	894	567	Andrew Minter	M42		2:04:34
810	1331	Kirstie Broadbent	F23		2:00:01	895	97	Heather Mackay	F27	26.2 RRC	2:04:36
811	1494	Catherine Ashley	F38		2:00:02	896	818	Rich Kenington	M54	Tring RC	2:04:36
812	173	Elizabeth Daniel	F46	Tring RC	2:00:09	897	1090	Jane Mitchell	F41	Tring RC	2:04:37
813	1461	Andrew Lucas	M40		2:00:11	898	249	Robert Littlewood	M26		2:04:39
814	514	Richard Ward	M32	Elmbridge RR	2:00:14	899	1089	Dean Anderson	M35		2:04:40
815	1267	Nicola Johnston	F31		2:00:15	900	1153	Ellen Lovatt	F34	Met Police AA	2:04:40
816	1406	Harriet Ivory	F37		2:00:28	901	1008	Helena Ely	F43		2:04:47
817	1274	Charlotte Sadler	F34		2:00:29	902	1433	Francesca Connelly	F28	Lucas Fettes	2:04:48
818	1493	Chris Rice	M40		2:00:30	903	671	Rinda Haake	F46		2:04:56
819	628	Melanie Edridge	F41		2:00:32	904	384	Katy Brookes-Duncan	F40		2:04:58
820	176	Claire Syvret	F29		2:00:32	905	978	Barbro Julin	M46	Marlow Striders	2:04:59
821	342	Sophie Ayres	F27		2:00:34	906	1152	Jonathan Young	M30	Met Police AA	2:05:01
822	1103	Helen Stewart	F27		2:00:35	907	779	David Tugwell	M40		2:05:02
823	880	Tim Allen	M38		2:00:38	908	778	Tina Searle	F49		2:05:04
824	292	Paul Hughesdon	M48		2:00:42	909	1062	Dileep Pisharody	M35		2:05:05
825	1352	Adrian Cross	M25		2:00:51	910	1397	Annabel Kay	F33		2:05:06
826	1468	Luke Atkins	M30		2:00:56	911	1252	Clara Willett	F38	Tring RC	2:05:09
827	690	Ian Rose	M43	Mornington Chasers	2:01:01	912	853	Richard Whiting	M58	Herts Phoenix	2:05:16
828	85	Nick Smith	M21		2:01:02	913	756	James Dauncey	M38		2:05:20
829	1270	Mandy Neale	F35		2:01:05	914	783	Adele Cook	F43		2:05:25
830	1326	Kieran Fitzpatrick	M42	Stopsley Striders	2:01:08	915	1094	Sharon McIntire	F37	St Albans Striders	2:05:26
831	655	Julia Buckley	F32	Metros	2:01:10	916	232	Laetitia Livesey	F25		2:05:29
832	390	Claire Nichols	F37	Ware Joggers	2:01:10	917	1102	Joann Simon	F45		2:05:34
833		No Race Number			2:01:11	918	223	Anna Iwanska	F27		2:05:35
834	1303	Jonathan Wheeler	M31		2:01:26	919	945	Marianne Moberg	F34		2:05:35
835	1367	Marcus Haddrell	M26		2:01:29	920	582	Nicola Smith	F30		2:05:36
836	382	Neil Parkins	M30		2:01:29	921	794	Karina Sobczyk	F24		2:05:40
837	1335	Kim Reed	F44	Tring RC	2:01:33	922	771	David Chalk	M50		2:05:43
838	1389	Reg Gilbert	M60	Chiltern Harriers	2:01:35	923	513	Julie Moffat	F41		2:05:44
839	700	Richard Wood	M37		2:01:37	924	330	Will Parkinson	M32		2:05:46
840	501	Terry Nichols	M66	Ware Joggers	2:01:43	925	1212	Talat Mahmood	M40	Met Police AA	2:05:47
841	983	Ben McGill	M31		2:01:57	926	1340	Paul Darby	M43		2:05:47
842	1032	Ingrid Creighton	F39		2:02:02	927	371	Liam McGrath	M38		2:05:48
843	576	Roger Blofeld	M59		2:02:02	928	1439	Daniel Leahy	M28		2:05:51
844	747	Ward Giroux	M44		2:02:09	929	816	Edward Chadwick	M39		2:05:51
845	1163	Tim Porter	M37		2:02:14	930	817	Kate Chadwick	F37		2:05:52
846	573	Christiane Felber	F34		2:02:15	931	1375	Helena Sellick	F41		2:06:03

Pos	No	Name	Cat	Team	Time	Pos	No	Name	Cat	Team	Time
932	418	J Rogers	F36	Thame Runners	2:06:09	1017	611	Samantha Tucker	F19	Gade Valley Harr	2:11:15
933	1392	Ashley Campbell	M17	Fire Starter	2:06:14	1018	296	Mark Horsfield	M37		2:11:21
934	1489	Hechen Privett	F42	10-Point Tri	2:06:15	1019	1134	Deborah Bumfrey	F46	Orion Harriers	2:11:24
935	895	Lindsay Watt	F36		2:06:18	1020	1199	Mark Head	M41		2:11:25
936	67	Shusanah Pillinger	F33	Serpentine RC	2:06:29	1021	535	Peter Tucker	M0	Gade Valley Harr	2:11:31
937	706	Jim Cornwell	M63	Bearbrook Joggers	2:06:31	1022	1315	James Stilgoe	M37		2:11:32
938	741	Simon Best	M45		2:06:33	1023	860	Geoff Dennis	M66	Tring RC	2:11:33
939	744	Gian Franco Galliano	M36		2:06:37	1024	1412	Amanda Xuereb	F40	Watford Joggers	2:11:35
940	863	Tom Haslam	M32		2:06:39	1025	164	Jen Keller	F31	Serpentine RC	2:11:38
941	289	Patrick O'Neill	M44		2:06:40	1026	620	Jacqueline Armstrong	F48	Watford Joggers	2:11:50
942	1313	Gail Alexander-Cahill	F34	23 Mile Club	2:06:41	1027	1018	Irene Paull	F51	Metros	2:11:56
943	452	Andrea Munnoch	F26		2:06:51	1028	812	Alison Bateman	F37	Trent Park RC	2:12:08
944	158	Susannah Colbert	F32		2:06:52	1029	1318	David Foster	M47		2:12:09
945	266	Simon Stothard	M26		2:07:00	1030	1431	Neil Archer	M31		2:12:11
946	1443	Caroline Spivey	F32		2:07:01	1031	1429	Nicola Sams	F28		2:12:11
947	847	Becky Alexander	F38	St Albans Striders	2:07:01	1032	886	Justin Griffiths	M38		2:12:14
948	848	Steve Alexander	M41	St Albans Striders	2:07:02	1033	72	Carol Rickleton	F35		2:12:16
949	1442	Richard Sanderson	M31		2:07:04	1034	1471	David Rayner	M44	Tring RC	2:12:18
950	170	Steve Chambers	M31	Chiltern Harriers	2:07:09	1035	1037	Tanya Levine	F43		2:12:21
951	640	Gary Page	M49	Chiltern Harriers	2:07:09	1036	181	Fiona Towell	F39	Leighton Buzzard	2:12:21
952	321	Arnold Glickman	M61	Purple Patch Run	2:07:10	1037	409	Kev Buckingham	M47	Tring RC	2:12:24
953	1259	Tony Bennett	M62	Hillingdon AC	2:07:14	1038	119	Matthew Gillham	M24		2:12:30
954		No Race Number			2:07:17	1039	12	Helen MacRae	F36		2:12:33
955	595	Karen Sephton	F34		2:07:23	1040	601	David Cunningham	M33		2:12:41
956	762	Charlotte Bannelick	F31		2:07:30	1041	754	Jo Linwood	F34		2:12:47
957	405	Pamela Daniel	F31		2:07:32	1042	469	Kerry Tiller	F40	Leighton Fun Run	2:12:50
958	772	Hollie Brown	F24		2:07:33	1043	75	Andrew Towle	M40		2:12:50
959	62	Tim Marshall	M44		2:07:37	1044	1472	Laura Rayner	F44	Tring RC	2:12:51
960	1500	Glyn Brooks	M32		2:07:37	1045	245	Tim Bowler	M46	Tim's Trotters	2:12:53
961	740	Anthony Sephton	M35		2:07:40	1046	24	Beverley Turton	F39		2:12:56
962	1133	Paul Austin	M51		2:07:42	1047	1447	Angela Murphy	F59	Metros	2:12:56
963	1301	Patrizia Victor	F42	Serpentine RC	2:07:45	1048	509	David Wayne	M34		2:13:37
964	1332	Alison Blackwell	F33		2:07:52	1049	488	Tina Read	F46		2:13:41
965	1418	Catherine Reece	F24		2:07:54	1050	1456	Jonathan Hitchens	M44		2:13:45
966	743	Kerry License	F36		2:08:03	1051	205	Lesley-Anne Brady	F28		2:13:56
967	904	Jon Lucas	M22	Hickys Harriers	2:08:04	1052	23	Rita Williams	F59	Ware Joggers	2:14:01
968	682	Philip Kent	M61		2:08:06	1053	478	Kate Stevenson	F35		2:14:03
969	828	Nick Kennedy	M45		2:08:09	1054	657	Colin Chenery	M54		2:14:06
970	389	Richard Lambert	M43		2:08:14	1055	773	Bernard Brown	M49		2:14:22
971	411	Zoe Carter	F29		2:08:14	1056	360	Catherine Crute	F30		2:14:24
972	703	Tricia Bennett	F57		2:08:17	1057	116	Amanda Maxwell	F29		2:14:28
973	1034	Mark Sewell	M37		2:08:21	1058	307	Lizzy Shrimpton	F41		2:14:38
974	615	Felicity Parkes	F30		2:08:22	1059	730	Peter Hern	M60	Herts Police AC	2:14:43
975	378	Andrew Esson	M36		2:08:24	1060	836	Lee Craze	M44		2:14:44
976	280	Chris Penny	M40	Tring RC	2:08:25	1061	887	Daniel Mullin	M34	Metros	2:14:51
977	606	Jenni Viner	F53	Ware Joggers	2:08:27	1062	591	Rachel Dawson	F37	Bearbrook Joggers	2:14:52
978	1387	Frank Harris	M57	Chiltern Harriers	2:08:28	1063	1382	Emma Williams	F27		2:15:02
979	135	John Horgan	M54	100 Marathon Club	2:08:29	1064	901	Simon Baker	M35		2:15:15
980	905	Michelle Miller	F36		2:08:42	1065	1284	Barbara Drew	F22		2:15:17
981	1344	Joanna Brown	F29		2:08:45	1066	554	Carole Cross	F47	Orion Harriers	2:15:19
982	300	Teresa Warren	F39		2:08:46	1067	352	David Russell	M26		2:15:28
983	286	Peter Wolton	M52		2:08:50	1068	84	Rob White	M21		2:15:31
984	679	Susanna Ivin	F29	Gade Valley Harr	2:08:54	1069	88	John Vaites	M46		2:15:36
985	227	Erica Martin	F32		2:08:56	1070	326	Monique Wayne	F43		2:15:38
986	374	Ellie Townsend	F29		2:08:57	1071	1004	Jonathan Milne	M39	St Albans Striders	2:15:45
987	1210	Tony Barlow	M56	Action for Blind	2:08:57	1072	260	Dave Carter	M37	City of London PAC	2:16:01
988		No Race Number			2:08:59	1073	894	Beth Dennis	F60	Tring RC	2:16:06
989	1372	Silvia McBride	F28		2:09:00	1074	111	Christine Avis	F49		2:16:35
990	1371	Ian McBride	M35		2:09:00	1075	162	Peggy Blunden	F59		2:16:35
991	1070	Sheila O'Brien	F52	Orion Harriers	2:09:02	1076	594	Andy James	M45		2:16:36
992	1434	Mick n Phil Curry	M50		2:09:13	1077	156	Ryan Francis	M27		2:16:40
993		No Race Number			2:09:14	1078	1373	Ros Fullylove	F42	St Albans Striders	2:16:43
994	1475	Andrew Terry	M28	Gade Valley Harr	2:09:22	1079	1237	Patrick Mulhall	M39	Bearbrook Joggers	2:16:45
995	1346	Phillip Kojcinovic	M47		2:09:25	1080	985	Emma Bayliss	F29		2:16:47
996	358	Bella Bird	F26		2:09:29	1081	107	Daniel Mays	M33		2:17:14
997	299	Anna Ferguson	F28		2:09:29	1082	281	Chloe Skirving	F24		2:17:17
998	1359	Jacqui Parr	F29		2:09:30	1083	1390	Robin Mills	M39	Fire Starter	2:17:21
999		No Race Number			2:09:31	1084	1066	David Beattie	M41		2:17:21
1000	58	Jayne Steele	F42		2:09:38	1085	339	Simon Folland	M39		2:17:22
1001	2	Louise Coaker	F26		2:09:41	1086	729	Aida Goslett	F34		2:17:37
1002	846	Michael Izza	M48		2:09:51	1087	344	Sarah Rees	F37		2:17:38
1003	241	John Steel	M44		2:10:12	1088	1383	Clive Nethersole	M31		2:17:41
1004	242	Emma Steel	F34		2:10:12	1089	1001	Kenneth Lagerwall	M49		2:17:43
1005	412	Charlotte Tillett	F29		2:10:12	1090	1369	Julie Taylor	F46	St Albans Striders	2:17:45
1006	335	Samantha Habgood	F28		2:10:18	1091	288	Dennis O'Neill	M47	Reigate Priory AC	2:17:49
1007	1329	Vicky Madden	F29		2:10:22	1092	1458	Elizabeth Radford	F36	Salisbury Tri	2:17:53
1008	1330	David Gethin	M33		2:10:22	1093	831	Emma Davies	F30	Thame Runners	2:17:57
1009	1451	Graham Threader	M44		2:10:26	1094	541	Jill Atkins	F54	Trent Park RC	2:18:24
1010	186	Anthony Vaz	M31		2:10:38	1095	435	Richard Heighton	M51	Lucas Fettes	2:18:34
1011	685	Sian Matthews	F27		2:10:40	1096	1281	Trace Allen	M64	Garden City Runner	2:18:35
1012	896	Carolyn Watt	F34		2:10:51	1097	50	Joanne Parpworth	F30		2:18:53
1013	1402	Steve Harding	M44		2:11:02	1098	555	Janet Edwards	F54	Orion Harriers	2:18:54
1014	201	Diane Scott	F48		2:11:04	1099	96	Sarah Auld	F29		2:19:40
1015	1081	David Phillips	M65	Massey Ferguson AC	2:11:08	1100	369	Helen Wilson	F38	Bearbrook Joggers	2:19:59
1016	1414	Frances Chater	F55	Watford Joggers	2:11:12	1101	459	Pauline Henley	F60	Trent Park RC	2:20:05

Pos	No	Name	Cat	Team	Time
1102	21	Angi Harrell	F45		2:20:15
1103	1225	Steve Goodyer	M48	RRC	2:20:21
1104	1393	Luke Fleming	M17	Fire Starter	2:20:42
1105	1005	Julian Dorling	M51		2:20:44
1106	155	Steven Simmons	M51		2:20:49
1107	1023	Deborah Bowles	F29		2:20:51
1108	1488	Mike Bayler	M49	10-Point Tri	2:21:05
1109	596	Trisha McSkeane	F37		2:21:29
1110	457	Tim Franklin	M27		2:21:35
1111	1298	Kate Revels	F34		2:21:45
1112	505	Caroline Lewis	F39		2:21:48
1113	1155	Susan Humble	F49		2:21:51
1114	325	Karen Smith	F43		2:21:51
1115	200	Steve Moses	M39		2:21:53
1116	1068	Nicholas Watkins	M34		2:21:57
1117	1201	Matthew Whalley	M35		2:22:26
1118	536	Ben Roberts	M27		2:22:33
1119	129	Terence Davidson	M29		2:22:34
1120	79	Mike Keane	M36		2:22:37
1121	134	Cara Keane	F23		2:22:38
1122	264	Colin Keane	M38		2:22:39
1123	251	Steve Creed	M55		2:22:45
1124	1052	Stephen Littler	M28		2:22:48
1125	480	Claire Edwards	F29		2:23:03
1126	560	Geoffrey Wiseman	M46		2:23:25
1127	559	Debbie Eagles	F47		2:23:26
1128	936	Waleke Munthali	F26		2:23:39
1129	302	Nigel Kippax	M51	Tring RC	2:23:40
1130	104	Katie Hutchin	F28		2:23:43
1131	216	So Mei Chan	F34		2:24:32
1132	380	Sam Evans	M32		2:24:43
1133	590	Elizabeth Walker	F30		2:24:55
1134	1220	Sarah Coltman	F37	Watford Joggers	2:25:17
1135	397	Tanya Aldcroft	F26		2:25:35
1136	47	Jennifer Deasy	F26		2:26:07
1137	157	Angela Beharrell	F45		2:26:13
1138	924	Angela Georgiou	F46		2:26:14
1139	22	Veritie Wilcox	F24		2:26:14
1140	530	Tony Clarkson	M34		2:26:23
1141	154	Carly Simmons	F29		2:26:26
1142	910	Louise Archer	F25	Dunstable RR	2:27:08
1143	631	Eliza Hermann	F47		2:27:20
1144	372	Karina Nilsson	F29		2:27:57
1145	1469	Rob Gavigan	M35		2:27:57
1146	320	Robert Cresswell	M42	Stopsley Striders	2:28:08
1147	443	Hazel Jones	F52	Wooburn Wonders	2:28:20
1148	1026	Catherine Talbot	F27		2:28:21
1149	69	Robert Hart	M34		2:28:21
1150	1388	Namita Hooda	F33		2:28:30
1151	760	Abdul Owdud	M32		2:28:31
1152	271	Bryony Day	F23		2:28:47
1153	1190	Leanne Calder	F28		2:29:02
1154	489	Jennifer Jones	F35		2:29:03
1155	1083	Katrina Ray	F26		2:29:06
1156	138	Peter Stanhope	M40		2:29:07
1157	1172	Natasha Christiansen	F41		2:29:49
1158	1191	Laura Randall	F30		2:29:57
1159	385	Liz Senior	F37		2:30:54
1160	1275	Carrie Stanley	F41		2:31:17
1161	925	George Georgiou	M50		2:33:11
1162	764	Lisa Jones	F36		2:33:14
1163	545	Diane Ward	F44		2:33:36
1164	546	Bill Baldry	M52		2:33:36
1165	161	Julie Rowe	F40		2:33:47
1166	1404	David Barnett	M43		2:33:47
1167	1490	Heather Eaton	F22		2:33:50
1168	1491	Steven Lawrence	M32		2:33:50
1169	1327	Alison Dunning	F29	Ware Joggers	2:34:27
1170	694	Angela Taylor	F47		2:35:48
1171	1347	Lynne Deloubes	F40	Bedford Harriers	2:35:49
1172	56	Jana Veryard	F39		2:36:06
1173	60	Julie Froggatt	F45	Hogweed Trotters	2:36:06
1174	1424	Orli Metcalfe	F36		2:37:09
1175	697	Ian Verchere	M71	Tring RC	2:37:35
1176	929	Kate Robinson	F27		2:38:52
1177	1121	Jo Scott	F42		2:40:49
1178	1363	Carolyn Williams	F44		2:40:52
1179	1380	Richard Wheeler	M38		2:41:48
1180	775	Sarah Ashworth	F32		2:41:48
1181	1200	Sara Head	F39		2:42:54
1182	1425	David Metcalfe	M36		2:43:16
1183	966	Martha Close	F35		2:46:30
1184	1350	Meryl Walker	F46		2:48:45
1185	59	Sue Lock	F43		2:50:42
1186	1175	Justin Watkins	M38		2:51:25

Pos	No	Name	Cat	Team	Time
1187	1056	Caroline O'Sullivan	F23		2:56:47
1188	714	Hannah Cromme	F23		2:57:21
1189	713	David Hirsch	M23		2:57:22
1190	715	Karin Hirsch	F50		2:57:24
1191	82	Laura Piekos	F49	Merryhill Striders	2:58:22
Team Prize					
1 Gade Valley Harr Total :- 119					
:B1260 - R Coles 21:B1437 - V Ellerby 29:					
:B702 - G Woollett 31:B1057 - B Hawes 38:					
2 St Albans Striders Total :- 183					
:B343 - B Vivian 4:B1427 - S Buckle 8:					
:B622 - C Braybrook 79:B1139 - M Hann 92:					
3 Chiltern Harriers Total :- 192					
:B787 - E O'Gorman 2:B287 - I Lawson 41:					
:B790 - M Turney 52:B402 - J Taylor 97:					
4 Serpentine RC Total :- 311					
:B1311 - M Gallagher 24:B431 - J Whateley 32:					
:B508 - L Campbell 126:B746 - V Velagapudi 129:					
5 British Airways AC Total :- 325					
:B899 - B Walters 36:B525 - C Kelly 93:					
:B1251 - G Taylor 94:B392 - R Anderson 102:					
6 Watford Harriers Total :- 336					
:B1228 - R Holland 37:B1250 - D Walker 64:					
:B1015 - S Williams 100:B1239 - M Orton 135:					
7 Ware Joggers Total :- 341					
:B826 - A Ryan 56:B664 - S Gannon 59:					
:B472 - J Rumbold 60:B722 - D Pickering 166:					
8 Vale of Aylesbury Total :- 351					
:B511 - A Roberts 40:B957 - D Wizard 73:					
:B1151 - L Tapper 77:B1233 - P Marsh 161:					
9 Thame Runners Total :- 356					
:B1074 - J Hiscock 12:B240 - A Byerley 23:					
:B1405 - R Slater 65:B662 - M Emmett 256:					
10 Hillingdon AC Total :- 511					
:B1277 - J Walsh 46:B1257 - M Arkinstall 139:					
:B1295 - A Mansi 145:B613 - T Hamilton 181:					
11 Watford Joggers Total :- 555					
:B1249 - C Taylor 55:B531 - G Stewart 154L					
:B769 - A Dean 155:B160 - M Kates 191:					
12 Herts Phoenix Total :- 666					
:B820 - P Greaves 7:B1283 - L Cowley 15:					
:B447 - B Stratford 39:B1258 - H Artiss 605:					
13 Bearbrook Joggers Total :- 670					
:B1085 - D Steedman 112:B1236 - H Mulhall 171:					
:B1141 - P Cairnie 177:B190 - J Yarnell 210:					
14 London Heathside Total :- 691					
:B745 - R Taylor 11:B575 - G Evans 33:					
:B518 - C White 289:B666 - R Gray 358:					
15 Metros Total :- 1118					
:B1354 - K Smart 99:B674 - I Hammond 220:					
:B466 - J Gorton 342:B357 - G Porter 457:					
16 Tring RC Total :- 1137					
:B458 - J Scullard 138:B1091 - G Head 283:					
:B351 - N Millwood 340:B633 - D Hogg 376:					
17 Dacorum & Tring AC Total :- 1138					
:B1473 - A Cracknell 1:B359 - I Needleman 113:					
:B159 - N Henry 431:B415 - W Stephenson 593:					
18 Met Police AA Total :- 1312					
:B1035 - K Free 19:B1033 - L Cameron 123:					
:B867 - S Jackson 372:B993 - P Cruise 798:					
19 Reading RR Total :- 1317					
:B1356 - K Russell 5:B661 - R Edmondson 336:					
:B83 - D Keen 450:B1413 - J Lewis 526:					
20 David Lloyd Pacers Total :- 1329					
:B1417 - V Harrison 215:B1104 - L Sassoon 284:					
:B1323 - S Williams 362:B1014 - V Short 468:					
21 Trent Park RC Total :- 1344					
:B723 - L Ranken 105:B693 - J Summers 261:					
:B468 - M Green 402:B603 - N Dixon 576:					
22 Garden City Runner Total :- 1381					
:B654 - S Bowen 53:B1438 - Y Jones 195:					
:B180 - V Shadbolt 244:B1261 - E Draper 889:					

23 FVS Tri Total :- 1492
:B199 - S Hawkins 229:B198 - K Smart 309:
:B1278 - N Woodland 448:B1459 - M Beauter 506:
24 Veg Cycling & AC Total :- 1812
:B675 - A Harper 179:B1224 - A Gibson 224:
:B1045 - C Chapman 704:B1046 - G Chapman 705:
25 RRC Total :- 2000
:B561 - J Hansen 222:B653 - J Bartlett 300:
:B255 - P Hosking 375:B1225 - S Goodyer 1103:
26 Mornington Chasers Total :- 2030
:B189 - M Underwood 306:B1159 - N Heron 347:
:B598 - A Sullivan 656:B261 - E Bullock 721:
27 Dunstable RR Total :- 2138
:B1017 - S Paull 117:B902 - J Brophy 617:
:B1071 - S Baillie 642:B977 - A Hall 762:
28 Lucas Fettes Total :- 2475
:B523 - M Brown 160:B434 - P Carroll 318:
:B1433 - F Connelly 902:B435 - R Heighton 1095:
29 Stopsley Striders Total :- 2609
:B377 - L Thomasson 409:B593 - D Blackmore 521:
:B1326 - K Fitzpatrick 830:B1231 - J Larson 849:
30 Leighton Fun Run Total :- 2901
:B275 - J Buttleman 111:B333 - T Dodd 861:
:B793 - P Thomas 887:B469 - K Tiller 1042:
31 Orion Harriers Total :- 3728
:B803 - A De Asha 652:B1070 - S O'Brien 991:
:B1134 - D Bumfrey 1019:B554 - C Cross 1066: