

Race Entered:  HALF MARATHON  5 MILE FUN RUN

Surname:  Sex  M  F

First Name  AAA Registration

Postal Address

Town:

County  Post Code

E-mail  Phone

Date of Birth  Age on day of race

Have you entered this race before?  YES  NO

Estimated Time  HRS  MINS

UK Athletics Club Name

School  Team Name

**DISCLAIMER:** I declare that I am medically fit to run and understand that none of the organisers, sponsors or assisting persons will in any way be held responsible for any illness, loss or damage to my person or property or to any third party's person or property incurred during or as a result of my participation in the event. I understand and accept that the organisers reserve the right to refuse entry for any reason and to delay, postpone, cancel or not officially time the race in the event of adverse weather conditions or other events outside control of the organisers.

**Signed**

**Date**

**I enclose cheque/postal order/cash to the value of £  
made payable to the Rotary Club of Berkhamsted**

**Please return to: Rotary Run, c/o Robertson Associates, Hardy House,  
Northbridge Road, Berkhamsted, Herts HP4 1EF**

Official Use only: cheque / cash

### The Small Print!

- The 13.1 mile HALF MARATHON** will be held in accordance with the UK Athletics Associations Rules for Competition. The event will be run through town streets and undulating roads in attractive Chiltern countryside with markers at each mile. No under 17s allowed to run in the Half Marathon (SEAA rule)
- The 5 mile FUN RUN** follows the first part of the Half Marathon route. Two thirds of the course will be on country roads, with one uphill section. There will be a drinks station at about the half way point.
- START** for both events will be from the Cricket Club, Castle Hill, Berkhamsted at 10.15am for the Fun Run and 10.30am for the Half Marathon.
- ENTRIES** are now open for both events. Online entries for the Half Marathon and Fun Run must be received by 22nd February 2010 and postal entries by 26<sup>th</sup> February 2010
- LOCAL ENTRANTS** for both races can register at Victoria School, Prince Edward Street, Berkhamsted on Saturday 6th March 2010 between 9:00am and 1:00pm. However, only 100 Half Marathon numbers will be available and no Half Marathon entries will be accepted on the day of the race. Fun Run competitors can also register on the day of the race at Berkhamsted School Pavilion between 8:00am and 9:30am.
- OFFICIAL NUMBERS** must be worn on the chest of each competitor for the duration of the event. Any Competitor not wearing an official number at the finish will be disqualified, as will any competitor swapping numbers. Competitors will be required to wear an electronic chip for official race timing purposes.
- ENTRY FEES:**  
**Half Marathon £17.00 for affiliated AAA runners and £19.00 for non-affiliated.  
Fun Run £8.00 (£7.00 under 16 years of age).**  
£1 extra will be payable for Fun Run entries on the day of the race. Cheques or postal orders to be made payable to Rotary Club of Berkhamsted
- CHANGING ROOMS:** There will be limited changing facilities at the Cricket Club. Local competitors are requested to arrive prepared for running to allow those who have travelled a distance to have priority over changing rooms. Sorry no showers available! Secure storage will be available during the race and toilet facilities will be provided.
- PARKING:** There is ample free parking in the town with car parks within 500 metres of the start. PLEASE USE THE CAR PARKS. The Police will be very strict with people parking on the route or in NO PARKING areas. Remember that it is for your own safety that we keep the roads clear.
- PRIZES: Half Marathon:** Men 1st, 2nd, 3rd, & 1st Veteran ( 40 and over) Ladies 1st, 2nd, 3rd, & 1st Veteran ( 35 and over). **Fun Run:** Men 1st, 2nd, 3rd. . Ladies 1st, 2nd, 3rd. There will also be prizes for men's, ladies' and school **teams** together with a number of spot prizes.
- HOSPITAL BUS:** A hospital bus will sweep up around the course. Runners in distress are recommended to drop out to the nearest marshal.
- KEEP LEFT:** Runners must keep to the left of the road or as directed by the lead car, signs, marshals and or the police. Other people will be using the roads so be safe and obey instructions. Keep left and do not cut corners. Runners ignoring directions will be disqualified.
- FINISH:** After crossing the line competitors must continue to the roped funnels. Do not stop or return over the finish area.
- RESULTS:** Full details will be available on the website the following week
- THE WINNING TEAM:** in both races is the team home first with all runners across the finish line. A team comprises not less than four runners.
- NO REFUNDS** given even in the event of race cancellation
- NO DOGS or BICYCLES** allowed

Cut along perforated line and retain for your information.

[www.berkhamstedhalfmarathon.co.uk](http://www.berkhamstedhalfmarathon.co.uk)

# The 28th Annual Berkhamsted Half Marathon & 5 Mile Fun Run

Sunday 7<sup>th</sup> March 2010



organised by the  
Rotary Clubs of  
Berkhamsted



supporting our local care organisations

**The Pepper Foundation**

and

**The Hospice of St Francis**

with generous help from

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